

Exercise Science Concentration (2010-2012)

Health & Human Performance Department

58 credits (Comprehensive)

Student's Name _____ SID _____

Dept.	Course #	Course Title	Prerequisite	Cr	Offered	Compl Sem/Yr	Grade
HHP	110	Intro to Majors	None	1	F10 F11		
HHP	100-200	Activity Courses	None	2	F10 S11 F11 S12		
HHP	158	Responding to Emergencies	None	2	F10 S11 F11 S12		
HHP	160*	Introduction to Health Science	None	2	F10 F11		
HHP	203	Group Fitness	HHP 102	1	F10 S11 F11 S12		
HHP	264*	Human Structure & Function	HHP 160 recommended	3	F10 F11		
HHP	265*	Human Structure & Function	HHP 160 recommended	3	S11 S12		
HHP	282	Intro to Physical Assessment	None	1	F10 S11 F11 S12		
HHP	303	Personal Trainer	HHP 110, 158, 160, 203, 264, 265, 282	2	S11 S12		
HHP	312	Lifeguard Training	HHP 110, 158	1	F10 F11		
HHP	332	Motor Learning	HHP 102, 110, 264, 265	3	S11 S12		
HHP	337	Practicum in HHP 102 Lab	HHP 110, 282, 264, 265	1	F10 S11 F11 S12		
HHP	340	Organization & Administration of Human Perform, Hlth & Athletics	HHP 110, junior, min 20 credits in major	3	F10 F11 S12		
HHP	362	Kinesiology	HHP 110, 264/265 or BIOL 270/280	2	S11 S12		
HHP	363*	Exercise Physiology	HHP 110, 282, 264/265 or BIOL 270/280	3	F10 S11 F11 S12		
HHP	366*	Principles of Nutrition	HHP 110, 264/265 or BIOL 270/280	3	F10 F11		
HHP	413	Water Safety Instructor	HHP 110, ARC	2	S11 S12		

*Also offered through Distance Learning

Note: This document is provided only as a simplified advising form to students and does not preclude any of the requirements set forth by the degree audit required by the Registrar's Office.

University of Wisconsin-Superior
Health & Human Performance
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Revised 6/15/2011HHP

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HHP	460	Cardiovascular Diagnostics	HHP 110, 282, 363	3	F10 F11		
HHP	494	Senior Workshop/Projects	HHP 110 and instructor consent	3	F10 S11 F11 S12		
HHP	496	Internship	HHP 110 and HHP director consent	10	F10 S11 F11 S12		
Var		Electives approved by advisor		6			

Required Courses by Semester (Based on Tentative Course Offerings)

Fall Semester	Spring Semester	Both Semesters
HHP 110 Intro to Majors	HHP 265 Human Structure & Function	HHP 100-200 Activity Courses
HHP 160 Intro to Health Science	HHP 303 Personal Trainer	HHP 158 Responding to Emergencies
HHP 264 Human Structure & Function	HHP 332 Motor Learning	HHP 203 Group Fitness
HHP 312 Lifeguarding	HHP 362 Kinesiology	HHP 282 Intro to Physical Assessment
HHP 340 Organization & Admin of HP	HHP 413 WSI	HHP 337 Practicum in HHP 102 Lab
HHP 366 Nutrition		HHP 363 Exercise Physiology
HHP 460 Cardiovascular Diagnostics		HHP 494 Senior Workshop
		HHP 496 Internship

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