Art Therapy

Art therapists are professionals trained in both art and therapy who use art to help people who experience illness, trauma, or challenges in living, and people who seek personal development. According to the American Art Therapy Association, through creating art and reflecting on the art processes, people can increase awareness of themselves and others, cope with symptoms, stress, and traumatic experiences; enhance cognitive abilities; and enjoy the life-affirming pleasures of making art.

UW-Superior offers a major in Visual Arts with a concentration in Art Therapy. Students complete courses in art therapy and psychology.

This prepares them for careers as therapists in hospitals, nursing homes, rehabilitation centers, schools and other organizations.

Students can significantly enhance their career opportunities by completing a Master of Arts degree in Art Therapy through UW-Superior's Graduate Studies program. The master's program follows national standards and fulfills many of the educational and practical experiences required for registration by the American Art Therapy Association.

Find out more about UW-Superior's Art Therapy program online at **uwsuper.edu/acaddept/art.**

Majors and Minors:

Major: Art, with a concentration in Art Therapy

Let's talk Art Therapy

- UW-Superior offers one of the few undergraduate and graduate art therapy programs in the Midwest.
- Small classes mean students get personal attention from professors.
- Art professors are artists themselves.
- Opportunities for experience through off-campus internships.
- Holden Fine and Applied Arts Center is home to the Visual Arts Department. The building includes two art galleries and studios for painting, sculpture, ceramics, photography, printmaking, drawing, woodworking, metal work, and weaving.
- Students benefit from taking courses from UW-Superior's strong art and psychology programs.

What can you do with a degree in Art Therapy from UW-Superior?

"The art therapist can work with an ever increasing variety of client populations including children, adolescents, adults, and geriatrics on an individual or group basis. Typical employment settings include hospitals, community health centers, residential treatment homes, halfway houses, prisons, and developmental centers. "

For more information, contact:

We invite you to visit

A campus visit offers an opportunity to tour our campus and meet with an Admissions counselor. We can arrange for you to meet a professor and visit a class in any area you choose.

To arrange a visit

Online: www.uwsuper.edu/admissions
Email: admissions@uwsuper.edu
Phone: 715-394-8230

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