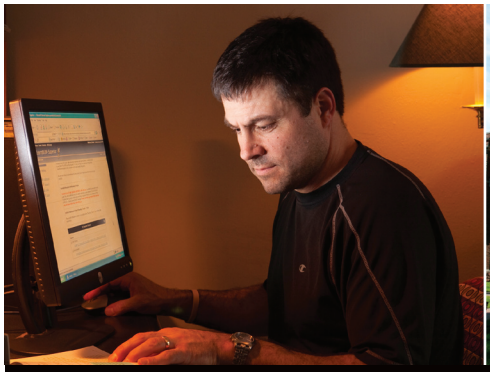
Online Programs



Health & Wellness Management

Good health promotion and disease prevention programs save lives and money. Companies nationwide need qualified individuals who can manage health and wellness programs to reduce healthcare costs, improve productivity, and improve employee well-being.

Learn More

UW-Superior's online Bachelor of Science in Health and Wellness Management is a new degree completion program that provides you with the skills necessary to oversee, develop, implement, and maintain health and wellness programs in the workplace.

Let's talk Health & Wellness Management

The program draws on the expertise of faculty from four University of Wisconsin campuses: UW-La Crosse, UW-River Falls, UW-Stevens Point, and UW-Superior. Classes are offered completely online so that you can earn a quality University of Wisconsin degree with the flexibility you need.

The 21-course Health and Wellness Management degree completion program covers the seven dimensions of wellness (social, physical, emotional, career, intellectual, environmental, and spiritual) and how they affect our lives. Subject areas include:

- Human Health
- Human Psychology
- Health Coaching
- Population Health
- Communication Strategies
- Technology Literacy
- Management Strategies
- Assessment and Evaluation
- Ethics and Policy
- Teaching and Programming

Program Highlights

- Convenience: Because all classes are fully online, you can complete the program from where you live and work toward your degree at times that are convenient for you.
- University of Wisconsin Quality: Courses in the Online Bachelor of Science in Health and Wellness Management are taught by UW faculty.
- Student Support: Experienced University of Wisconsin advisors provide support and understand your needs.

For more information, contact:

Check us out

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