



Academics

Physical Education

UW-Superior's Department of Health and Human Performance offers an early childhood to adult physical education major, which is based on the seven dimensions of wellness: physical, intellectual, emotional, spiritual, career, social, and environmental, as part of the liberal arts educational foundation.

The program seeks to serve all students in a caring educational environment which fosters the intellectual growth of all students concerning wellness for life, and develops critical thinking skills, positive attitudes, and personal responsibility in all students toward leading productive and healthy lifestyles. The Health and Human Performance Department goal is to develop certified physical education teachers who are engaged in their professional endeavors and who are able to impart knowledge and skills to diverse populations in a variety of educational settings.

Find out more about UW-Superior's Physical Education program online at uwsuper.edu/acaddept/hhp.

The HHP Department believes in the education of the total person, body, soul and spirit in that:

- developing a knowledge base and critical thinking skills concerning responsibility for individual wellness is critical for all human beings
- all students should be given the opportunity to develop a positive attitude toward healthy behaviors for a lifetime
- learning takes place best when there is an emotional attachment; therefore, students need to be engaged in the curriculum
- attitudes are caught, not taught. Teachers must be excited about their courses and the environment in which they teach
- as we learn to move, we move to learn and we all have the responsibility to become aware of and learn to respect diversity among people
- the teaching-learning process is a two-way street. The student-teacher relationship should revolve around good, honest communication, valued learning experiences and assessments, and should bring about expected outcomes for both parties.

Majors and Minors

Major: Physical Education

Minors:

- Certification in Exceptional Education
- Health Education
- Coaching

What can you do with a degree in Physical Education from UW-Superior?

UW-Superior's Physical Education Major, EC-A Licensure program prepares students for teaching physical education at a variety of grade and ability levels, following the teacher certification policies and guidelines established by the UW-Superior Teacher Education Department. HHP 110, Intro to HHP Majors/Minors, helps students interested in the program understand its requirements. Upper level courses are required in both departments.

The program prepares students for licensure in the state of Wisconsin, which is also accepted by many other states. Many physical education students enhance their employment options by completing minors in coaching, health education or exceptional education (adapted physical education).

For more information, contact:

We invite you to visit

A campus visit offers an opportunity to tour our campus and meet with an Admissions counselor. We can arrange for you to meet a professor and visit a class in any area you choose.

To arrange a visit

Online: www.uwsuper.edu/admissions
Email: admissions@uwsuper.edu
Phone: 715-394-8230

