

International Reminiscence and Life Review Conference 2009
Preconference Intensives (9:00 Am – Noon)

Practicing a Structured Life Review

Barbara Haight, RNC, DRPH

Description

This workshop will present the fundamentals of a structured life review process while providing you with the beginning skills to conduct such a process. Based on Erikson's model of the stages of man, and the book by Haight & Haight, this workshop will present the goals of the Life Review, and the use of the Life Review Form. The unique characteristics of the structured life review process and its differences from reminiscence will be explained to help the learner better understand the process. The roles of therapeutic listener and reviewer will be explored as participants learn the process. At the end of this workshop, the participant will have the beginning skills to conduct a structured life review.

Presenter

Barbara Haight, RNC, DRPH, is a Professor Emeritus at the College of Nursing of the Medical University of South Carolina. While teaching gerontology, Dr. Haight served as the Associate Dean of Research, Department Chairperson, and Associate Director of the Center for aging. She is past president of the International Institute of Reminiscence and Life Review and founder of the Reminiscence Interest Group at the Gerontological Society of America (GSA). Dr. Haight has devoted her practice and research efforts toward exploring, defining, and testing a Structured Life Review Process. The NIMH, the CDC, the AARP, and the Alzheimer's Association, among others, have funded her in these efforts. She is author of 4 books and many manuscripts and has been honored to work with colleagues doing Life Reviews in the United States, Japan, London, and Northern Ireland