

# Campus Recreation

## Lead Group Fitness Instructor



### Position Description

Campus Life Classification: Level 3

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#### QUALIFICATIONS

- Must be a UWS student
  - Preference given to Work Study.
  - Must be able to work well as a team player and independently.
  - Must demonstrate customer service skills.
  - Preference given to students who have previous work experience or course work in Health and Human Performance or Exercise Science.
  - Must hold a current National Certification for Group Exercise Instructors (*ie: ACE, AFAA, NETA, ACSM, etc*)
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#### RESPONSIBILITIES

- Schedule weekly office hours
  - Oversee Fitness and Wellness Programs to include Group Exercise Classes, Incentive Programs, and additional fitness special events throughout the year.
  - Assist with certification of Group Exercise Instructors.
  - Hire, train, and evaluate Group Exercise Instructors.
  - Support continuing education programs (CEU's) for Step, Variations of Step, Kickboxing, Water Aerobics, and Special Populations.
  - Marketing strategies for all fitness and wellness programs.
  - Implementing new ideas and recommend equipment purchases to expand fitness and wellness programs.
  - Assist in purchasing aerobic stereo equipment, batteries (for wireless mics and portable stereos for water/racquetball court use), and storing the wireless microphone.
  - Publicize all fitness and wellness activities for the department.
  - Recruit and recommend other candidates for this position.
  - Use of PC computer; perform other duties as assigned.
  - Record participating statistics for all areas.
  - Coordinate Group X Schedule and all promotions as needed for semester classes and special events including posters, web site updates, banners, flyers, etc
  - Work with Supervisor to assist with coordinating and promotion of any Campus Certification Training
  - All other duties as assigned by Supervisor
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#### TIME COMMITMENT & TRAINING

- Minimum 5 hours/week and Maximum 28 hours/week
  - Expected to hold 1-2 Office Hours/week during academic year
  - Any requirements of CEU's expected to maintain a national certification
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#### COMPENSATION

- \$8.00/hour
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#### REPORTS TO

- Krisi Patterson, Assistant Director of Campus Recreation
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#### QUESTIONS AND SELECTION INFORMATION

- For questions regarding the selection of Lead Group Fitness Instructor, please contact Krisi Patterson at (715) 395-4611 and/or [kpatter1@uwsuper.edu](mailto:kpatter1@uwsuper.edu)