

# **Inner Tube Water Polo Rules**

## **Field of Play:**

- The entire pool will be used for the duration of the game.
- At no time during the game may a player touch the bottom of the pool.

## **Starting play:**

- There will be two 15 minute halves, with teams switching ends at halftime.
- Each team consists of 6 players, including the goalie.
  - Co-ed must be 3 guys 3 girls
- The game is started with each team lined up on opposite ends of the pool, touching the wall.
- The ball is dropped into the center of the pool and the teams race toward the ball to gain possession.

## **Sitting in the Tube:**

- All participants must sit in the tube, face up.
- Players must remain in this position for the duration of the game.

## **Possession of the Ball:**

- When you have possession of the ball, the only way you can lose possession is if you make a bad shot, pass, or you are flipped out of your tube.
- You are not allowed to touch the ball, another player or tube if you are not in your tube.
- If you get flipped and are still holding the ball, it is a turnover to the other team.
- After a goal is scored, the team that was scored upon takes possession right out of the net. Similar to basketball, but there is no throw in.

## **Goalies:**

- Goalies also have to remain in their tube, but have a bit more freedom.
- They can be in the tube any way that they want as long as some part of their body goes through the tube.
- Goalies may not touch the bottom of the pool at any time.

## **Other Rules:**

- You may only flip an opponent who has possession of the ball.
- Holding the tube of another player is also not allowed.
- The ball cannot be taken from the goalie once they have possession.
- Mercy Rule- If a team leads by 10 with 10 minutes to go the game will be officially over.