

Exercise Science Concentration (2014-2016) – Requires a Minor
 Health & Human Performance Department
 37 credits

Student's Name _____ SID _____

Prefix	Nbr.	Course Title	Prerequisite	Cr	Typically Offered	Compl Sem/Yr	Grade
HHP	110	Intro to HHP Majors/Minors	None	1	Fall & Spring		
HHP	100-200	Activity Courses (HHP 133 not allowed)	None	2	Fall & Spring		
HLTH	158	Responding to Emergencies	None	2	Fall & Spring		
HLTH	160*	Introduction to Health Science & Terminology	None	2	Fall & Spring		
HHP	203	Group Fitness	None	1	Fall & Spring		
HLTH/ BIOL	264*/ 270	Human Structure & Function	HHP 110, HLTH 160 (can be concurrent)	3	Fall		
HLTH/ BIOL	265*/ 280	Human Structure & Function	HHP 110, HLTH 160 (can be concurrent)	3	Spring		
HHP	282	Intro to Physical Assessment	None	1	Fall & Spring		
HHP	312	Aquatic Safety	HLTH 158	1	Fall		
HHP	332*	Motor Learning	HLTH 264/265	3	Spring		
HHP	337	Practicum in HHP 102 Lab	HHP 282,363 HLTH 264/265	2	Fall & Spring		
HHP	340*	Organization & Administration of Human Performance, Hlth, Athl	Junior Standing, min 20 credits	3	Fall & Spring		
HHP	362*	Kinesiology	HLTH 264/265	2	Fall & Spring		
HHP	363	Exercise Physiology	HHP 282, HLTH 264/265, or BIOL 270/280	3	Fall & Spring		
HLTH	366*	Principles of Nutrition	HLTH 264//265, or BIOL 270/280	3	Fall		
HHP	403	Health Coach	HHP 282,362 HLTH 366 or IC	2	Spring		
HHP	497	Senior Capstone Experience	Instructor Consent	0	Fall & Spring		
		Electives (300-400 level courses only)		3			

**Also offered through Distance Learning – Offerings May Vary by Semester*

Note: These sheets are provided only as a simplified advising form to the students and do not preclude any of the requirements set forth by the degree audit required by the Registrar's Office.

University of Wisconsin-Superior
 Health & Human Performance
 Advising Form

Revised 8/13/2014HHP