

**Wellness/Fitness Management Concentration (2006-2008)**  
 Health & Human Performance Department  
 35 credits

Student's Name \_\_\_\_\_

SID \_\_\_\_\_

Dept.	Course #	Course Title	Prerequisite	C r	Offered	Compl Sem/Yr	Grade
HHP	110	Intro to Majors	None	1	F08 F09		
HHP	125	Basketball	None	.5	F08 F09		
HHP	130	Volleyball	None	.5	F08 F09		
HHP	158	Responding to Emergencies	None	2	F08 S09 F09 S10		
HHP	160*	Principles of Healthful Living	None	2	F08 F09		
HHP	203	Aerobics	HHP 102	1	F08 S09 F09 S10		
HHP	264*	Human Structure & Function	None	3	F08 F09		
HHP	265*	Human Structure & Function	None	3	S09 S10		
HHP	275	Tennis/Racquetball	None	1	F08 F09		
HHP	282	Intro to Physical Assessment	None	1	F08 S09 F09 S10		
HHP	303	Personal Trainer & Group Fitness Instruction	HHP 102, 110, 158, 203, 264, 265	2	S09 S10		
HHP	312	Lifeguard Training	HHP 110	1	F08 F09		
HHP	332	Motor Learning	HHP 102 110, 264, 265	3	S09 F09 S10		
HHP	340	Organization & Administration of Human Performance, Hlth, Athl	HHP 110, junior, min 20 credits	3	F08 S09 F09		
HHP	363*	Exercise Physiology	HHP 110, 282, 264/ 265 or BIOL 280	3	F08 S09 F09		
HHP	366*	Principles of Nutrition	HHP 110, 264/265 or BIOL 270/280	3	F08 F09		
HHP	460	Corporate & Community Fitness	HHP 110, 282, 363	3	F08 F09		
BIOL	316	Medical Terminology	None	2	S09 S10		

\*Also offered through Distance Learning

*NOTE: These sheets are provided only as a simplified advising form to the students & do not preclude nor waive any of the requirements set forth by the degree audit required by the Registrar's Office.*

University of Wisconsin-Superior  
 Health & Human Performance  
 Advising Form

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