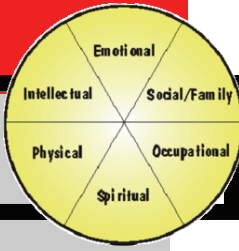


HHP Mission



The mission of the Health and Human Performance Department is to provide students with a knowledge base, creating a positive attitude and lifelong skills concerning the seven dimensions of wellness:

- ◆ Social
- ◆ Physical
- ◆ Emotional
- ◆ Career
- ◆ Intellectual
- ◆ Environmental
- ◆ Spiritual

HHP Programs seek to prepare all students in an engaged learning environment for careers in physical education and health and/or pre-professional studies as physical education/health teachers or non-teaching allied health professionals.



**DEPARTMENT OF
HEALTH & HUMAN PERFORMANCE**

**1402 Health & Wellness Center
Belknap and Catlin, PO Box 2000
Superior, WI 54880-4500**

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Health & Human Performance

**Learn to Move.
Move to Learn.**

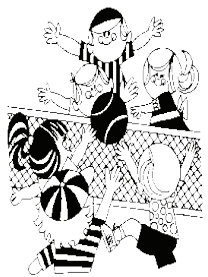


UNIVERSITY of WISCONSIN
Superior
Wisconsin's Leading Public Liberal Arts College

Health & Human Performance

The Department of Health and Human Performance offers a Physical Education Major program which includes :

- ◆ Physical Education (EC-A Teaching Certification)
- ◆ Exercise Science Concentration



- ◆ Wellness/Fitness Management Concentration
- ◆ Community Health Promotion
- ◆ Certification in Exceptional Education: Physical Education

The HHP Department's majors, combined with various minors, certifications, and practical internship or student teaching experience, provide excellent opportunity to pursue allied health professional careers in:

- ◆ **Physical Therapy**
- ◆ **Occupational Therapy**
- ◆ **Athletic Training**
- ◆ **R.N./LPN**
- ◆ **Clinical Exercise Physiology**
- ◆ **Physician Assistant**
- ◆ **Chiropractic**

HHP Majors

The **Physical Education Major, EC-A Licensure** program follows the teacher certification policies and guidelines established by the UW-Superior Teacher Education Department. HHP 110, Intro to HHP Majors/Minors, helps students interested in the program



understand its requirements. Upper level courses are then required in both departments.

HHP Physical Education teaching candidates observe and establish professional relationships with local physical educators, coordinate fitness assessments, help with I-Movie projects and organize the local Track-O-Rama event for Superior 5th grade students.

The **Exercise Science** concentration prepares for work in clinical exercise physiology (cardiac, pulmonary and metabolic disease rehab) in a hospital/clinical setting, as well as graduate school allied health programs or a career in medicine.

The **Community Health Promotion** concentration provides a solid foundation program combined with certifications, offering practical experience through internship. The major leads to many community health fields ranging from nursing, public health service organizations, county health departments, and FDA.

The **Wellness/Fitness Management** concentration qualifies graduates for a variety of entry-level professional positions in the fitness and health promotion industry and preventive health and fitness (wellness, health clubs, etc).

HHP Minors

- ◆ Health Education Minor for Elementary Education
- ◆ Health
- ◆ Health and Human Performance
- ◆ Sport Management
- ◆ Coaching

HHP Scholarships

- ◆ Carl H. Daley Scholarship. For students completing an essay regarding how they balance scholastic activity with personal health and physical fitness..
- ◆ Glenn Gerdes Memorial Scholarship. For students in health promotion.
- ◆ Smith-Knutson Scholarship. For a female student majoring in physical education.
- ◆ Bill Finn Scholarship. Annual scholarship for a student pursuing a coaching certificate.

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