



Physical Education Major:
Community Health Promotion concentration
(comprehensive)
Academic Plan of Study
2017-2019 Catalog

Name: _____ Student ID #: _____ Date: _____

University Studies Requirements

Core Courses *completed within first 60 credits

Course	Credits	Grade	Planned to Take
WRIT 102 College Writing II	3		
WRIT 209 Business and Professional Writing	3		
HHP 102 Wellness and a Positive Lifestyle	3		
COMM 110 Intro to Speech Communications	3		
MATH/CSCI	3-4		

Humanities

Course	Course Title	Credits	Grade	Planned to Take
History	_____	3		
Literature	_____	3		
World Language, Culture, & Philosophy	_____	3		

Social Science (6 cr) *must include 2 different prefixes*

Course	Course Title	Credits	Grade	Planned to Take
Course 1	_____	3		
Course 2	_____	3		

Natural & Physical Sciences

Course	Course Title	Credits	Grade	Planned to Take
Environmental	_____	2		
Lab	_____	4		

Fine & Applied Arts

Course	Course Title	Credits	Grade	Planned to Take
Art History, Criticism & Appreciation	_____	3		
Aesthetic Experience	_____	3		

Global Awareness & Diversity *may be fulfilled through other University Studies categories

Course	Course Title	Credits	Grade	Planned to Take
Global Awareness	_____	3		
Diversity	_____	3		

Physical Education Major – Community Health Promotion concentration (comprehensive) Requirements

52 credits to include:

Required courses (16 credits required):

Course	Course Title	Credits	Grade	Planned to Take
HHP 110	Introduction to HHP Majors/Minors	1		
HLTH 158	Responding To Emergencies and Safety Education	2		
HLTH 160	Introduction to Health Science and Terminology	2		
HLTH 264	Human Structure & Function	3		
HLTH 265	Human Structure & Function	3		
HLTH 267	Introduction to Mental health and Stress Management	3		
HHP 282	Intro to Physical Assessment and Exercise Evaluation	1		
HLTH 366	Principles Of Nutrition	3		
HLTH 367	Human Sexuality	3		
HLTH 368	Drugs, Health and Human Behavior	3		
HLTH 469	Pathophysiology of Disease\Prevention and Control	3		
HLTH 470	Community and Environmental Health	3		
HHP 495	Current Topics Seminar Topic: Epidemiology (3 cr)	1-12		
HHP 496	Internship	10-20		
HHP 497	Senior Capstone Experience	0		

Electives (9 credits required):

Students may choose to fulfill their 9 elective credits by working towards one or a combination of the focus areas listed below depending on their professional career goals. Other courses not listed below can be substituted and count as part of the 9 credits in consultation with your advisor.

Course	Course Title	Credits	Grade	Planned to Take
Public Health Focus				
LSTU 115	Law and Human Behavior	3		
ITS 335	Web Page Authoring	3		
HHP 337	Practicum in HHP 102 Lab	1-2		
HHP 340	Organization and Administration of Human Performance, Health & Athletics	3		
BUS 380	Principles Of Management	3		
HHP 403	Health Coach	2		
Maternal Child Health Focus				
EC 252	Foundations of Early Childhood	3		
EC 353	Exceptional Needs of Young Children	3		
EC 355	Child Guidance	3		
EC 479	Family and Culture	3		
EC 486	Administration of Child Development Programs	3		

Environmental/Epidemiology Focus

CHEM 105	General Chemistry I	_____	5	_____	_____
CHEM 106	General Chemistry II	_____	4	_____	_____
MATH 130	Elementary Statistics	_____	4	_____	_____
BIOL 130	Principles of Biology I	_____	4	_____	_____
BIOL 132	Principles of Biology II	_____	4	_____	_____
CHEM 300	Chemistry Of Natural Waters	_____	3	_____	_____

Notes: