



Physical Education Major:
Public Health Concentration (Comprehensive)
Academic Plan of Study
2019-2021 Catalog

Name: _____ Student ID #: _____ Date: _____

University Studies Requirements

Core Courses *completed within first 60 credits

Course	Credits	Grade	Planned to Take
WRIT 102 College Writing II	3	_____	_____
WRIT 209 Business and Professional Writing	3	_____	_____
HHP 102 Wellness and a Positive Lifestyle	3	_____	_____
COMM 110 Intro to Speech Communications	3	_____	_____
MATH/CSCI	3-4	_____	_____

Humanities

Course	Course Title	Credits	Grade	Planned to Take
History	_____	3	_____	_____
Literature	_____	3	_____	_____
World Language, Culture, & Philosophy	_____	3	_____	_____

Social Science (6 cr) *must include 2 different prefixes*

Course	Course Title	Credits	Grade	Planned to Take
Course 1	_____	3	_____	_____
Course 2	_____	3	_____	_____

Natural & Physical Sciences

Course	Course Title	Credits	Grade	Planned to Take
Environmental	_____	2	_____	_____
Lab	_____	4	_____	_____

Fine & Applied Arts

Course	Course Title	Credits	Grade	Planned to Take
Art History, Criticism & Appreciation	_____	3	_____	_____
Aesthetic Experience	_____	3	_____	_____

Global Awareness & Diversity *may be fulfilled through other University Studies categories

Course	Course Title	Credits	Grade	Planned to Take
Global Awareness	_____	3	_____	_____
Diversity	_____	3	_____	_____

Physical Education Major – Public Health concentration (comprehensive) Requirements

52 credits to include:

Required courses (43 credits required):

Course	Course Title	Credits	Grade	Planned to Take
HHP 110	Introduction to HHP Majors/Minors	1		
HLTH 158	Responding To Emergencies and Safety Education	2		
HLTH 160	Introduction to Health Science and Terminology	2		
HLTH 264	Human Structure & Function	3		
HLTH 265	Human Structure & Function	3		
HLTH 267	Introduction to Mental health and Stress Management	3		
HHP 282	Intro to Physical Assessment and Exercise Evaluation	1		
HLTH 366	Principles Of Nutrition	3		
HLTH 367	Human Sexuality	3		
HLTH 368	Drugs, Health and Human Behavior	3		
HLTH 469	Pathophysiology of Disease\Prevention and Control	3		
HLTH 470	Community and Environmental Health	3		
HHP 472	Epidemiology	3		
HHP 496	Internship	10-20		
HHP 497	Senior Capstone Experience	0		

Electives (9 credits required):

Students may choose to fulfill their 9 elective credits by working towards one or a combination of the focus areas listed below depending on their professional career goals. Other courses not listed below can be substituted and count as part of the 9 credits in consultation with your advisor.

Course	Course Title	Credits	Grade	Planned to Take
Public Health Focus				
LSTU 115	Law and Human Behavior	3		
ITS 335	Web Page Authoring	3		
HHP 337	Practicum in HHP 102 Lab	1-2		
HHP 340	Organization and Administration of Human Performance, Health & Athletics	3		
BUS 380	Principles Of Management	3		
HHP 403	Health Coach	2		
Maternal Child Health Focus				
HLTH 300	Maternal Child Health	3		
HLTH 301	Infant Health and Development	3		
HLTH 495	Healthy Families	3		