



Physical Education Major:
 pK-12 Teacher Certification
 Academic Plan of Study
 2021-2022 Catalog

Name: _____ Student ID #: _____ Date: _____

University Studies Requirements

Core Courses *completed within first 60 credits

Course	Credits	Grade	Planned to Take
WRIT 102 College Writing II _____	3	_____	_____
WRIT 209 Business and Professional Writing _____	3	_____	_____
HHP 102 Wellness and a Positive Lifestyle _____	3	_____	_____
COMM 110 Intro to Speech Communications _____	3	_____	_____
MATH/CSCI _____	3-4	_____	_____

Humanities

Course	Course Title	Credits	Grade	Planned to Take
History _____		3	_____	_____
Literature _____		3	_____	_____
World Language, Culture, & Philosophy _____		3	_____	_____

Social Science (6 cr) *must include 2 different prefixes*

Course	Course Title	Credits	Grade	Planned to Take
Course 1 _____		3	_____	_____
Course 2 _____		3	_____	_____

Natural & Physical Sciences

Course	Course Title	Credits	Grade	Planned to Take
Environmental _____		2	_____	_____
Lab _____		4	_____	_____

Fine & Applied Arts

Course	Course Title	Credits	Grade	Planned to Take
Art History, Criticism & Appreciation _____		3	_____	_____
Aesthetic Experience _____		3	_____	_____

Global Awareness & Diversity *may be fulfilled through other University Studies categories

Course	Course Title	Credits	Grade	Planned to Take
Global Awareness _____		3	_____	_____
Diversity _____		3	_____	_____

Physical Education Major – EC-A Teacher Certification Requirements

60 credits to include:

Required activity courses (19 credits required):

Course	Course Title	Credits	Grade	Planned to Take
HHP 150	Invasion, Striking, and Field Activities in PE	4		
HHP 151	Target, Net, and Wall Activities in PE	4		
HHP 133	Social and Square Dance	3		
HHP 203	Group Fitness	1		
HHP 233	Elementary School Human Performance Activities-Children's Games	3		
HHP 235	Elementary School Human Performance Activities-Children's Rhythms & Tumbling	3		
<i>And</i>				
HHP 213	Level IV & V (Intermediate) American Red Cross Certification & Basic Water Safety	1		
<i>Or</i>				
HHP 312	Aquatic Safety	1		
<i>Or</i>				
HHP 313	Level VI,VII Advanced Swimming (ARC) and Emergency Water Safety	1		
<i>Or</i>				
HHP 412	Lifeguard Training Instructor	1		
<i>Or</i>				
HHP 413	Water Safety Instructor (WSI)	2		

**Certification in Lifeguarding and WSI is highly recommended (HHP 312/HHP 413)*

Required professional theory courses (41 credits required):

Course	Course Title	Credits	Grade	Planned to Take
HHP 110	Introduction to HHP Majors/Minors	1		
HLTH 158	Responding To Emergencies and Safety Education	2		
HHP 252	Introduction into Sports and Exercise Medicine	2		
HLTH 264	Human Structure & Function	3		
HLTH 265	Human Structure & Function	3		
HHP 282	Introduction to Physical Assessment and Exercise Evaluation	1		
HHP 321	Adapted Human Performance (PE)	2		
HHP 332	Motor Learning	3		
HHP 339	Methods and Curriculum in Secondary Physical Education	3		
HHP 340	Org. and Admin. of Human Performance, Health, & Athletics	3		
COAC 341	Principles and Theory of Coaching	2		
HHP 362	Kinesiology	3		
HHP 363	Exercise Physiology	3		
HHP 421	Assessment of the Exceptional Child in Human Performance (PE)	2		
HHP 422	Adaptive Human Performance (PE) Fieldwork	1-8		
HHP 435	Theories of Human Performance for the Elementary School	3		
HHP 438	Measurement and Evaluation for Human Performance	2		
COAC 456	Foundations of Sport and Exercise Psychology	2		
HHP 497	Senior Capstone Experience	0		

Professional Education required courses (26 credits required):

Teacher certification requirements, including a student teaching/internship, are also in place for this major. Please consult with your advisor regarding the additional teacher certification requirements you must complete.

Teaching Experience required courses (12 credits required in one of the following):

Course	Course Title	Credits	Grade	Planned to Take
T ED 442	Student Teaching in the Middle/Secondary School	4-12		
T ED 443	Student Teaching in Special Areas- Early Childhood-Adolescence (4-18)	4-18		
T ED 449	Internship in Middle/Secondary School Teaching	6-12		
T ED 450	Internship in Special Areas Teaching K-12	6-12		

Note: *It is recommended that T ED 339 be taken in the junior or senior year. Because special methods courses may not be offered every year, it may be necessary to take the methods course before TED 339 is taken. The student should consult with his or her advisor to determine whether this is permitted. Before the student is allowed to take the special methods in the majors/minors, he or she is required to have successfully completed the admission process to the Teacher Education program.*

Notes: