THE HEALTH AND HUMAN PERFORMANCE DEPARTMENT

UW-Superior’s Department of Health and Human Performance offers a broad range of programs that enable students to study:

- Physical Education
- Health
- Health Education
- Exercise Science

The program also offers minors that are ideal complements to majors in:

- Secondary Education
- Health
- Business Administration
- Biology
- Psychology
- Communicating Arts

Majors in Physical Education prepare students for teaching at a variety of grade and ability levels. Many teachers enhance their employment options by completing minors in Coaching, Health Education or Exceptional Education. Physical Education students work jointly with UW-Superior’s highly regarded Teacher Education Department. Students begin working with children early in their academic careers.

THE COACHING PROGRAM

The Coaching minor reflects the growing interest in sports and recreational activities, which has increased the demand for trained coaches. Teacher Education students can enhance their career opportunities by adding a minor in Health or Coaching. A key part of UW-Superior’s Coaching minor is developing a philosophy to guide coaching decisions, along with identifying and treating sports related injuries. This minor meets Wisconsin and Minnesota coaching certification requirements.

Programs are based in UW-Superior’s 180,000-square-foot Marcovich Wellness Center. The building is open to all students and features state-of-the-art facilities, including a field house, gymnasium, fitness center, weight room, climbing wall, racquetball courts, swimming pool, exercise and physiology lab, computer lab and training room.

Opportunities to gain practical experience with UW-Superior athletic teams as a player, assistant coach or athletic trainer. Education students work jointly with UW-Superior’s highly regarded Teacher Education Department. Students benefit from hands-on experience and personal attention from instructors. Numerous scholarships opportunities are also available for teacher education and physical education students.

Find out more about UW-Superior’s Coaching program online at uwsuper.edu/hhp.