HEALTH & HUMAN PERFORMANCE DEPARTMENT

UW-Superior’s Department of Health and Human Performance offers a broad range of programs that enable students to study:

• Physical Education
• Health
• Health Education
• Exercise Science

The program also offers minors that are ideal complements to majors in:

• Secondary Education
• Health
• Business Administration
• Biology
• Psychology
• Communicating Arts

Majors in Physical Education prepare students for teaching at a variety of grade and ability levels. Many teachers enhance their employment options by completing minors in Coaching, Health Education or Exceptional Education. Physical Education students work jointly with UW-Superior’s highly regarded Teacher Education Department. Students begin working with children early in their academic careers. Numerous scholarship opportunities area also available for Teacher Education and Physical Education students.

The Exercise Science concentration is a broad-based program that provides the knowledge and skills needed to acquire a variety of jobs in areas such as adult fitness, industrial medicine, cardiac rehabilitation, pre-physical or occupational therapy or even chiropractic or medical schools. Students gain basic and advanced knowledge of the structure and function of the human body, nutrition, health and clinical exercise physiology. Students who pursue this major must also complete a minor.

The Community Health Promotion concentration focuses on fitness, health and disease prevention. Students selecting this program often pursue public health careers, such as federal food inspector or sanitary.

See reverse side for additional information.
Certifications within this program enhance learning in specific areas as give students even more career opportunities to choose from. Certifications include:

- Health education - EC-A teacher certification
- Health education - MC- EA teacher certification
- Child life certification
- Exceptional education certification

The fields of Health and Health Education are diverse and are increasingly in demand. Careers available to those who study health and Human Performance include:

- Community health worker
- Physical therapist
- Health teacher
- Nutritionist
- Environmental health technician
- Public health inspector
- Health communications specialist
- Health promotion coordinator
- Public health planner
- Behavior scientist
- Health and wellness manager

Find out more about UW-Superior’s Health & Human Performance program online at [www.uwsuper.edu/hhp](http://www.uwsuper.edu/hhp).

**MAJORS**
- Physical Education
- Exercise Science
- Community Health Promotion

**MINORS**
- Coaching
- Early Childhood
- Health
- Health & Human Performance
- Health Education
- Sports Management

**HEALTH & HUMAN PERFORMANCE CERTIFICATIONS**

**DEGREE POSSIBILITIES**

**MAJORS**
- Physical Education
- Exercise Science
- Community Health Promotion

**MINORS**
- Coaching
- Early Childhood
- Health
- Health & Human Performance
- Health Education
- Sports Management

**CAMPUS TOURS**

A visit to UW-Superior offers an opportunity to tour our campus and meet with an Admissions counselor. We can arrange for you to meet a professor and sit in on a class of your choice. To arrange a tour, contact Admissions at admissions@uwsuper.edu or 715-394-8230.

**UNIVERSITY of WISCONSIN**

**Superior**