

# Public Health

Available on campus or online

## Health & Human Performance Department

UW-Superior's Department of Health and Human Performance offers a range of programs that enable students to study:

- Physical Education
- Health
- Health Education
- Exercise Science

## Public Health Program

UW-Superior's public health major focuses on research-based health and fitness concepts designed to improve and maintain health and function.

Students are prepared to seek employment in settings such as governmental agencies (FDA, HHS, DOT, EPA, OSHA), human service departments and wellness/fitness facilities. The curriculum also prepares students for graduate school programs.

Public health majors are encouraged to complete a focus area within the degree requirements in either public health or maternal/child health to help strengthen their career opportunities.

Find out more about UW-Superior's public health program at [uwsuper.edu/hhp](http://uwsuper.edu/hhp).

## Career Possibilities

Work activities in public health may include:

- Monitor health status to identify community health problems
- Observe and investigate health problems and hazards in the community
- Build community partnerships and coalitions to identify and solve health problems
- Develop policies which support individual and community health promotion
- Enforce laws and regulations that protect



- health and safety
- Research new solutions to identified health problems
- Provide screening services
- Develop public media campaigns

The public health major leads to many health fields such as:

- Nursing
- Employee wellness coordinator
- Drug and alcohol counselor
- Health coach
- Health information administrator/technician
- Wellness coordinator
- Weight management specialist
- Public health administrator
- Community health educator
- Government agencies

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