

<p>SEMESTER 1</p> <p>WRIT 102: Introduction to Academic Writing--3 credits HHP 102: Health and Wellness--3 credits HHP 110: Introduction to HHP Majors/Minors--1 credit HLTH 160: Introduction to Health Science and Terminology--2 credits University Studies Course--3 credits University Studies Course--3 credits</p> <p>Total - 15 Credits</p>	<p>SEMESTER 2</p> <p>COMM 110: Introduction to Communication--3 credits HLTH 158: Responding to Emergencies--2 credits HHP 203: Group Fitness--1 credit University Studies Course--3 credits University Studies Course--3 credits University Studies Course--3 credits</p> <p>Total - 15 credits</p>
<p>SEMESTER 3</p> <p>HLTH 264: Human Structure and Function--3 credits HHP 282: Introduction to Physical Assessment and Exercise Evaluation--1 credits HHP Activity courses--1 credit WRIT 209: Introduction to Professional Writing--3 credits University Studies Course--3 credits University Studies Course--3 credits</p> <p>Total - 14 credits</p>	<p>SEMESTER 4</p> <p>HLTH 265: Human Structure and Function--3 credits Minor course--3 credits Minor course--3 credits University Studies Course (MATH)--3 credits University Studies Course--3 credits</p> <p>Total - 15 credits</p>
<p>SEMESTER 5</p> <p>HHP 312: Aquatic Safety--1 credits HHP 340: Organization and Admin. of Human Perf., Health and Athletics--3 credits HHP 363: Exercise Physiology--3 credits Gen Ed--3 credits Minor course--3 credits Elective--3 credits</p> <p>Total - 16 credits</p>	<p>SEMESTER 6</p> <p>HHP 362: Kinesiology--3 credits HHP 337: Practicum in HHP 102 Lab--1 credits HHP 332: Motor Learning--3 credits Minor course--3 credits Elective--3 credits Elective--3 credits</p> <p>Total - 16 credits</p>
<p>SEMESTER 7</p> <p>HLTH 366: Principles of Nutrition--3 credits HHP Elective--3 credits Minor course--3 credits Minor course--3 credits Elective--3 credits</p> <p>Total - 15 credits</p>	<p>SEMESTER 8</p> <p>HHP 403: Health Coach--2 credits HHP 497: Senior Capstone Experience--0 credits Minor course--3 credits Minor course--3 credits Elective--3 credits Elective--3 credits</p> <p>Total - 14 credits</p>