

<p><b>SEMESTER 1</b></p> <p>WRIT 102: Introduction to Academic Writing - 3 credits            HHP 102: Health and Wellness - 3 credits            HHP 110: Introduction to HHP Majors/Minors - 1 credit            HLTH 160: Introduction to Health Science and Terminology - 2 credits            University Studies Course - 3 credits            University Studies Course - 3 credits</p> <p><b>Total - 15 Credits</b></p>	<p><b>SEMESTER 2</b></p> <p>COMM 110: Introduction to Communication - 3 credits            HLTH 158: Responding to Emergencies - 2 credits            HHP 203: Group Fitness - 1 credit            University Studies Course - 3 credits            University Studies Course - 3 credits            University Studies Course - 3 credits</p> <p><b>Total - 15 credits</b></p>
<p><b>SEMESTER 3</b></p> <p>HLTH 264: Human Structure and Function - 3 credits            HHP 282: Introduction to Physical Assessment and Exercise Evaluation - 1 credit            WRIT 209: Introduction to Professional Writing - 3 credits            HHP Activity courses - 1 credit            University Studies Course - 3 credits            University Studies Course - 3 credits</p> <p><b>Total - 14 credits</b></p>	<p><b>SEMESTER 4</b></p> <p>HLTH 265: Human Structure and Function - 3 credits            Minor course - 3 credits            Minor course - 3 credits            University Studies Course (MATH) - 3 credits            University Studies Course - 3 credits</p> <p><b>Total - 15 credits</b></p>
<p><b>SEMESTER 5</b></p> <p>HHP 312: Aquatic Safety - 1 credit            HHP 340: Organization and Admin. of Human Perf., Health and Athletics - 3 credits            HHP 363: Exercise Physiology - 3 credits            University Studies Course - 3 credits            Minor course - 3 credits            Elective - 3 credits</p> <p><b>Total - 16 credits</b></p>	<p><b>SEMESTER 6</b></p> <p>HHP 362: Kinesiology - 3 credits            HHP 337: Practicum in HHP 102 Lab - 1 credits            HHP 332: Motor Learning - 3 credits            Minor course - 3 credits            Elective - 3 credits            Elective - 3 credits</p> <p><b>Total - 16 credits</b></p>
<p><b>SEMESTER 7</b></p> <p>HLTH 366: Principles of Nutrition - 3 credits            HHP Elective - 3 credits            Minor course - 3 credits            Minor course - 3 credits            Elective - 3 credits</p> <p><b>Total - 15 credits</b></p>	<p><b>SEMESTER 8</b></p> <p>HHP 403: Health Coach - 2 credits            HHP 497: Senior Capstone Experience - 0 credits            Minor course - 3 credits            Minor course - 3 credits            Elective - 3 credits            Elective - 3 credits</p> <p><b>Total - 14 credits</b></p>