

JOHN B. PAUL

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EDUCATIONAL BACKGROUND

Doctor of Philosophy. May, 2010. University of South Dakota, Counseling and Psychology in Education, Counselor Education and Supervision.

Master of Science in Education. Dec, 2003. University Of Wisconsin-Superior, Counseling and Psychological Professions, Emphases: Community Counseling and Marital and Family Therapy.

Bachelor of Science. May, 2000. Bemidji State University, Major: Criminal Justice, Minor: Spanish.

POSITION at the UNIVERSITY of WISCONSIN- SUPERIOR

Associate Professor, Faculty, 2010-present. I train graduate level clinical mental health counselors, marriage family therapists and school counselors, in a Masters level Guidance and Counseling Program, Department of Educational Leadership. I conduct a full teaching load and serve as an academic advisor for 30 counseling students. I am the program representative to Graduate Council.

Senior Lecturer, Academic Staff, 2008-2010. University of Wisconsin-Superior, Department of Educational Leadership, Guidance and Counseling Program.

Classes Taught at UW-Superior:

COUN 681: Counselor Education Research	FA 10
COUN 702: Counseling Theories	SU 13
COUN 704: Introduction to Counseling	FA 08, SP 09, FA 09
COUN 706: Pre-Practicum	FA 08, SP 09, FA 09, SP 10, SP 13, SP 14, SP 15, SP 16, SP 17
COUN 712: Family Counseling	FA 08, SU 09, FA 09, FA 10, FA 11,
SU 12,	
	FA 12, SU 13, FA 13, FA 14, FA 15
COUN 714: Family Group Systems (online)	SP 11, SP 12, SP 13, SU 14, FA 15,
SP 17	
COUN 716: Couple and Marital Counseling	SU 09, SU 17
COUN 724: Behavior Modification	SU 12, SU 14, SU 15, SP 16, SU 17
COUN 728: Career Counseling (online)	SU 10, SU 11, SP 15, SU 16, SU16,
SP 17	

COUN 730: Human Growth and Development	SP 09, SP 12
COUN 732: Addictive Behavior	SU 10
COUN 734: Chemical Dependency and Family	SP 10
COUN 738: Multicultural Counseling	SU 16
COUN 740: Counseling and Human Sexuality	SU 11, SP 13, SU 15, FA 16
COUN 746: Ethics in Professional Counseling	SP 10
COUN 750: Individual Practicum	FA 10, SP 11, FA 14, SP 15, FA 15, SP 16, FA 16, SP 17, Fa 17
COUN 752: Group Counseling	FA 10, FA 11, FA 12, FA 13, FA 14, SU 15, SU 16, FA 16, SU 17, FA 17
COUN 758: Internship-Clinical Counseling	SP 11, FA 11, SP 12, FA 12, SP 13, FA 13, SP 14

Councils and Committees

Personnel Council	2017-present
Promotion & Review Committees, Personnel Council	2017-present
Chair, Graduate Council	2014-2017
Secretary, Graduate Council	2010-2014
Petitions Committee, Graduate Council	2010-2014
Foundation/Scholarship Committee, Graduate Council	2010-2014
Chair, Search Committee, School Counseling Faculty	2017-2018
Chair, Search Committee, Counseling Faculty	2016-2017
Search Committee, Counseling Faculty	2014-2015
Search Committee, Special Education Faculty	2013-2014
Search Committee, Counseling Faculty	2010-2011
Search Committee, Dean Academic Affairs and Graduate	2010-2011

PREVIOUS EMPLOYMENT AND POSITION ACHIEVEMENTS

Licensed Professional Counselor, Clinical mental health clients, consultation and supervision services, Aug 2010-present

Antique and Rare Book Dealer, comprehensive collection and distribution, Independent agent contractor, Chester Creek Books & Antiques, 2009-2017

Adjunct Teacher, College of Saint Scholastica, Department of Psychology and Sociology, General Psychology undergraduate classes. 2010.

Adjunct Teacher, Walden University, School of Counseling and Social Service, classes and supervision of Masters and Doctoral Students. 2010.

Adjunct Teacher, University of South Dakota, Counseling and Psychology in Education. Administration of Community Counseling class. Spring, 2008.

Teacher Assistant, University of South Dakota, Counseling and Psychology in Education,

Pre-Practicum class, Spring 2007 and Individual Practicum class Fall, 2005 & Spring, 2007.

Counselor, Doctoral Supervised Practice, Southeastern Behavioral Healthcare, Sioux Falls, SD, Provided individual and family counseling to clients from the community. 2007.

Mental Health Consultant, Head Start: Pre-Birth through Five, Vermillion, SD. Provided Mental Health services and referrals for children and their families, assisted teachers with consultation, behavioral observations and site visits. 2004-2008.

Counselor, Superior Day Treatment, Superior, WI. Led groups and provided individual counseling for children ages 6-18 that had been placed in treatment center. 2004.

Counselor, Master's supervised practice, Superior Day Treatment, Superior, WI. Fall, 2003.

Personal Care Worker, Challenge Center Inc., Superior, WI. Provided personal care and programming for developmentally disabled individuals. 2001-2002.

Military Police, US ARMY, 204th MP Company, Ft. Polk, LA. Provided area security and policed the armed forces. 2000-2001.

Child Care Worker, Northwestern Minnesota Juvenile Detention Center, Bemidji, MN, 1998-2000.

Client Care Technician, Camelot Society, Seattle, WA. Provided personal care and programming for developmentally disabled individuals. 1996-1997.

Spanish Speaking Mission, Arizona Tucson Mission (El Paso, Texas), The Church of Jesus Christ of Latter-Day Saints, 1994-1996.

PROFESSIONAL LICENSES

Wisconsin Licensed Professional Counselor (LPC). #4417-125.

Minnesota Licensed Professional Counselor (LPC). #01025

National Certified Counselor (NCC). #225559.

Healthcare Providers Service Organization. #0651456912. Professional Liability Insurance, Licensed Professional Counselor Policy Number

National Provider Identifier (NPI). #1134656820. Counselor - Mental Health Primary Taxonomy 101YM0800X, National Plan and Provider Enumeration System (NPPES)

Council for Affordable Quality Healthcare (CAQH) # 14086523. Optum Provider Network Identification

Wisconsin Medicaid Mental Health & Substance Abuse Individual Provider # (in process tracking, 208685)

PUBLICATIONS

Paul, J., & Paul, W. (2017) Counselor sexual abuse history and effectiveness with sexually abused males. *Wisconsin Counseling Journal*, 30. ISSN 2380-3061

Paul, J., & Paul, W. (2015) Heartfelt moments in therapy. Scotts Valley, CA: Create Space, Inc. ISBN: 9781517727444

Paul, J.B. (2015) Seth Phillip's legacy lives on: Minnesota author of Federal Civil Rights Draft Law and WWII Vet, (online article and curated exhibit) Richard I Bong Veterans Historical Center. Retrieved 2015, from <http://bvhcenter.org/>

Paul, J., & Paul, W. (2015) Emotional ninja: How to control my emotions instead of letting them control me. Scotts Valley, CA: Create Space, Inc. ISBN: 9781514604090

Paul, J.B. (2015) Counselor attitudes of effectiveness with sexually abused men. *Community Mental Health Journal*, 52, 8. DOI: 10.1007/s10597-015-9838-8

Paul, J. B. (2011) Why Mitt Romney will dominate the 2012 Presidential Debates: A transcript analysis, *South Dakota for Mitt Romney*, Retrieved 2012, from <http://SouthDakota4MittRomney>, Co-published <http://ga4mitt.com>

Paul, J. B. (2010) *Counseling sexually abused boys and men: A conjoint analysis of counselors' perceived effectiveness.* (Doctoral Dissertation). Retrieved from ProQuest/UMI Publication Number: 3412285

Paul, J. B. (2009) Husband assisted homebirth, *Midwifery Today*, 89, 31, 67.

Paul, J. B. (2008) Saga of King Heidrek the Wise, Retrieved 2008, from http://en.wikipedia.org/wiki/Saga_of_King_Heidrek_the_Wise

PROFESSIONAL PRESENTATIONS

Stake Youth Emotional Health Presentation, Duluth (Regional) Stake Center, Sep. 2017. “Physical and Emotional Health.” Educated over one hundred youth from MN and WI on mental health awareness and avoiding at risk practices in multiple sessions.

South Dakota Counseling Association, Counselors-Mental Health Super Heroes Conference, Aberdeen, SD. Apr. 2016. “Sexually Abused Men: What Helping Professionals Need to Know”. Educated clinical and school counselors on latest clinical treatment practices and research.

Graduate School Panel, 14th Annual TPUP Conference, Twin Ports Undergraduate Psychology Conference, University of Wisconsin-Superior April 22nd, 2016

How Learn at @UW-Superior (D2L) Enhances Face to Face Learning, UW-Superior Promotional Video, Feb. 2016 Retrieved from

<https://www.youtube.com/watch?v=Hyc0QW0gKkQ&feature=youtu.be>

St. Louis County's Health and Human Services Conference, Duluth, MN. Oct. 2015. "Professional Balance and Wellness: Dealing with Change and Conflict".

Brown Bag Series, UW-Superior, March 2015. "Putting the Pieces Together: Enhancing Your Teaching and Advising Toolbox".

North Dakota Mental Health and School Counselor Conference, Bismarck, ND. Feb. 2015. "Sexually Abused Men: What Helping Professionals Need to Know". Educated professional counselors on effective clinical treatment practices.

Program for Aid to Victims of Sexual Assault (PAVSA), Duluth, MN. Feb. 2014. "Working with Male Abuse Victims". Trained health professionals on best practices and processes.

LDS Family Services Addiction Recovery Program, Midwest Region, MN. Dec. 2013. "Best practices for working with addicts in recovery" Trained program coordinators from MN, WI, ND, SD, IA and NE.

St. Louis County's Health and Human Services Conference, Duluth, MN. Oct. 2013. "Sexually Abused Men: What Helping Professionals Need to Know".

Enhancement Day Training, UW-Superior, Aug. 2012. "Reaching Farther: Strategies for Effectively Engaging Our Students." Co-presented with Dr. Terry McGlasson and Dr. Carol Hulce.

Brown Bag Series, UW-Superior, April 2012. "Professional Health Wellness and Balance: How to Practice What we Preach."

Minnesota Counseling Association, Best Practices Conference, Nov. 2011. "*Counseling Sexually Abused Men and Boys: A Conjoint Analysis of Counselors*".

IDEAFEST, University of South Dakota, April 2010. Presented on grant funded research "*Counseling Sexually Abused Boys and Men: A Conjoint Analysis of Counselors' Perceived Effectiveness.*"

South Dakota Counselor Association Conference, Sioux Falls, SD. April 2007. "*Improving Supervision: Working with Survivors of Childhood Sexual Abuse*". Co-presented with Beth Carnes, MA and Cathy Flum, MA.

Head Start, Pre-birth through Five Training, Vermillion, SD. Oct. 2006. *“Post-Partum Depression and Suicide Prevention Training.”* Co-presented with Jon Feiock, CSW-PIP.

Diversity Training, Sioux Falls, SD. April, 2005. Helped facilitate diversity training for 3000 High School students.

GRANTS and AWARDS

Dissertation Mentor/Editor for Jones, G. M. (2017). *A correlational study of the relationship between organizational objectives alignment and North American construction project success.* Retrieved from ProQuest/UMI Publication Number: 10607636

The 2015-2016 Spirit of Superior, Team Award, Educational Leadership Department, UW-Superior, March 2016. Teams who actively make a difference in the campus climate and the lives of those who work and study on campus

Faculty Development Grant, UW-Superior, May 2015. Awarded based on proposal for regional presentation and training on original research.

Faculty Development Grant, UW-Superior, Oct. 2014. Awarded based on proposal for regional presentation and training on original research.

Graduate Research Grant, University of South Dakota, Jan. 2010. Awarded based on demonstrated potential for regional and national research proposals.

Center for Academic Service-Learning Development Grant, UW-Superior, Jan. 2009. Incorporating Formal Academic Service Learning in the classroom.

PROFESSIONAL MEMBERSHIPS

South Dakota Counseling Association, 2006-2007, 2016-2018.

Minnesota Counselor Association, 2011-2012.

Chi Sigma Iota, Counseling Honor Society International, 2008-2012.

Association of Mormon Counselors and Psychotherapists, 2008-2010.

American Counseling Association, 2005-2009.

American Association for Marriage and Family Therapy, 2002-2005, 2008-2009.

SELECTED TRAININGS ATTENDED

Family Systems License Training, Adult Foster Care (AFC). St. Louis County Public Health and Human Service Department, Duluth, MN May, 2017

Home and Community Based Services (HCBS). St. Louis County Public Health and Human Service Department, Duluth, MN May, 2017

Security Essentials, Password, and Email Security training certificates, Laureate International April, 2017.

Introduction to Outdoor Leader Skills Camp Wilderness, Park Rapids, MN July, 2016

Leader Specific Training: Scoutmaster (Outdoor Training), Camp Wilderness, Park Rapids, MN July, 2016

BSA Aquatics Training, Safe Swim Defense. Camp Wilderness, Park Rapids, MN July, 2016

BSA Aquatics Supervision, Paddle Craft Safety. Camp Wilderness, Park Rapids, MN July, 2016

BSA Safety Afloat Qualified Supervision. Camp Wilderness, Park Rapids, MN July, 2016

Behavior Management Strategies that Work, Aberdeen, SD April 2016. Bradley T. Erford, PhD.

Best Practices for Suicide Assessment, Treatment and Safety Planning, Aberdeen, SD April 2016. Kristin Bruns, PhD. NCC & Wanda Jeffcoat

DSM-5 for School Counselors, Aberdeen, SD April 2016. Betsy Atwood, MS, LPC, LAC, CSC

Supervision of Super Heroes in School Counseling, Aberdeen, SD April 2016. Hande Briddick, PhD. & Andrea Bjornestad, PhD, LPC, NCC

The power of Super Heroes [in counseling], Aberdeen, SD April 2016. Jeff Heavlin, MZ, NCC

Coming alive as a counselor: Managing stress from the inside out, Aberdeen, SD April 2016. Bradley T. Erford, PhD.

Reboundaries and Resilience: Enhancing skills that foster boundary recognition, determination and GRIT, Aberdeen, SD April 2016. Julia Cook, MS

Child abuse reporting process: Start to finish, Aberdeen, SD April 2016. Tanya Fritz and Angela Lisberg. 5.5 NBCC clock hours

Youth Protection Training, Voyageur Area Council, Boy Scouts of America,

Hermantown, MN Nov. 2015 Ben Mahlke, Development Director

Assessing re-offense risk in batterers, Bismarck, ND February, 2015. Dennis Larkin

Balancing the dimensions of wellness, Bismarck, ND February, 2015. Michele Kerulis.

Perinatal Wellness, Bismarck, ND February, 2015. Sarah Kenny

The 2014 ACA Code of Ethics: A Review of critical changes, Bismarck, ND February, 2015. Erin Shifflet.

How to deal with difficult people and resolve conflict: Practical solutions, Bismarck, ND February, 2015. Joyce Marter

Campus Security Authority (CSA) Training, UW-Superior, Oct. 2014

Sexual Harassment Training. UW-Superior, Sep. 2014

Monitoring Progress on the Strategic Plan, UW-Superior, Sep. 2014. Emily Zobell, institutional planner.

Preventing Burnout When the Heat is on, UW-Superior, Sep. 2014. Carol Brown, PhD.

Bias and Interventions to Reduce or Mitigate Bias in Teaching and Learning, UW-Superior, August, 2014. Cyndi Kernahan, PhD.

Exploring Experiential and Community-Based Learning, UW-Superior, August, 2014. Design group, including Maria Cuzzo, PhD.

Contemplative Consciousness and Diversity Learning Environments-Safe and Caring? UW-Richland, May 2014, Joanne Gozawa, PhD.

Educating the Whole Person, UW-Richland, May 2014, Greg Valde, PhD.

Rethinking Content Coverage, UW-Richland, May 2014, David Voleker, PhD.

Feminist Research in the arts presentation, UW-Richland, May 2014, Alison Gates, MA, Helen Klebesadel, MFA, Jane Purse-Wiedenhoeff, MFA

Student-Faculty partnerships in Learning and Teaching, UW-Richland, May 2014, Peter Felton, PhD., Desiree Porter, BS

Work Life Balance Wellness Series, UW-Richland, May 2014

Difficult Therapy Termination Issue: Ethics and Risk Management, 9 Credits, Apr.

2014, William Deardoff, PhD.

Motivational Interviewing: A Clinical Method to Enhance Change, 6 Credits, Mar. 2014, William Deardoff, PhD.

Getting the Work Started: An Academic Program Working Session on Critical Future UW-Superior Directions, UW-Superior, Jan. 2014. Planning Core Team

HIPs Integration - Mapping to Strategic Plan Initiatives, UW-Superior, Jan. 2014. Suzanne Griffith, PhD.

Academic Program Demand Analysis, Burning Glass, Careers in Focus, UW-Superior, Jan. 2014. James Shanahan, PhD.

Celebrating Scholarship and Exploring Undergraduate Research, Scholarly and Creative Activities (URSCA), UW-Superior, Jan. 2014, Jenny Shanahan, PhD.

How to Network with Your Students, UW-Superior, Jan. 2012. Kay Biga, JD.

Parallel Process in Supervision and Counselor Health and Wellness, Minnesota Counselor Association, Shoreview, MN, November 2012. Dr. Wes Erwin.

Relationships as a Fountain of Youth, Minnesota Counselor Association, Shoreview, MN, November 2012. Dr. Veronica Johnson.

Cultivating Awareness: Meditation and its Impact on the Counselor – Client Relationship, Minnesota Counselor Association, Shoreview, MN, November 2012. Cortland Dahl, MA.

Evidence-Based Decision Making Primer: What is it and how do we use it to enhance our decision making process? August 2011. Dr. Cia Verschelden, HLC mentor, VP of Academic Affairs, Highland Community College, Kansas.

Student Learning Assessment in the Context of Accreditation, August 2011. Dr. Cia Verschelden

Learning about the Higher Learning Commission (HLC) Self-Study Process for UW-Superior, August 2011. Dr. Cia Verschelden

Developing Online Assessment, UW-Superior, January 2011. Dr. Jennifer Fager, Associate Dean, Xavier University, Cincinnati, Ohio.

Adobe Connect, The Rules of Engagement, 2010. Adobe Connect Learning, completed online at <https://adobe.com/adobe-connect/>

Turnitin Instructor and Administrator Guide, 2010. Turnitin, completed online at

<https://guides.turnitin.com/>

Grammarly Editor Tutorial, 2010. Grammarly, completed online at <https://www.grammarly.com/>

Chalk and Wire Learning Assessment, Teacher Resources, 2010. completed online at <https://www.chalkandwire.com>

Blackboard Learning Management System, 2010. completed online at <https://www.blackboard.com/>

Assessment of Student Learning and Academic Service-Learning, UW-Superior, April 2009. Dr. Julianne Price, Director of the Institute for Service-Learning, UW-Milwaukee.

Reflection and Academic Service-Learning, UW-Superior, March 2009. Dr. Donald Mowry, Director of the Center for Service-Learning, UW-Eau Claire.

Pedagogy of Academic Service-Learning, UW-Superior, March 2009. Dr. Pamela Proulx-Curry, Executive Director of Wisconsin Campus Contract.

Collaborative Institutional Training Initiative, Human Research Curriculum. Jan. 2009. Understanding legal and ethical issues involved in Human subject research

Learning Sessions for Desire to Learn, UW-Superior, Aug. 2008. Mr. Yunhong Tu, Teaching classes online with Desire 2 Learn. UW-Superior.

Predictive Analytics SoftWare (PASW), 2009. IBM SPSS statistical analysis software.

South Dakota Counselor Association, Annual Conference, Sioux Falls, SD. April 2007. Dr. Samuel Gladding presenting, received training in Creativity in Counseling, T-group facilitation and dealing with crisis in college students.

Infant Adoption Training Initiative, Sioux Falls, SD, Nov. 2007. Conference presented by the Adoption Department of Lutheran Social Services covering infant adoption laws, practices, and procedures in South Dakota.

Working Briefly with Long Term Problems, Aberdeen, SD. Oct. 2005. Conference presented by Dr. Insoo Kim-Berg & Dr. J. C. Chambers, received training in brief therapy techniques and cooperative therapy: Adlerian family therapy structure and process.

Children's Symposium, Infant Mental Health, Vermillion, SD. Sep. 2004. Dr. Robert Harmon, Diagnostic classification of infants and young children: DC 0-3, an evolving developmental diagnostic system.

Man's Search for Meaning, an Introduction to Logotherapy, Augustana College, Sioux Falls, S.D. 1991. Viktor Frankl, M.D. Ph.D. presents his form of existential analysis based on his personal experiences as a holocaust survivor.

COUNSELING INTERESTS

Adhere to Professional Codes of Conduct. American Association of Marital and Family Therapists 2012 code of ethics, American Counselor Association 2014 code of ethics, and Council for Accreditation of Counseling and Related Program 2016 proposed standards.

Counseling Practice and Theory. Family Systems, Structural, Strategic, Solution Focused, Genogram, Circularity, Intergenerational Transmission, Reflexive Questioning, Experiential. Supervision Theory: Parallel Process, Integrated Development Model. Research focus: Working with Sexually Abused Males.

PERSONAL INTERESTS AND ACCOMPLISHMENTS

Runner. Grandma's Marathon, Duluth, MN. 2006, 2005

Volunteer. Grandma's Marathon, Duluth, MN. 2008-present

Community Citizenship Participation. Volunteer Duluth, Minnesota Caucuses 2012, Sioux City, Iowa Caucuses, 2007-2008.

Church Service. Young Men's President 2016-Present, (Ward Council & Priesthood Executive Committee 2016-present), Ward Mission Leader 2012-2013, Gospel Essentials Teacher 2012, Ward Executive Secretary, 2011-2012, (Ward Council & Priesthood Executive Committee 2011-2013), Sunday School President, 2009-2011, Substitute Sunday School Teacher, 2009, Seminary Teacher for High School Students 2006-2007. Young Men's First Counselor, 2004-2008, Elder's Quorum Second Counselor, 2003-2004, Adult Sunday School Teacher, 2001-2003, Primary Teacher, 1999-2000, Young Men's President, 1998, Ward Missionary, 1997, Spanish Speaking Missionary, 1994-1996, Priests Quorum First Assistant 1991-1993, Teacher's Quorum President 1989-90, Deacon's Quorum President 1987-88, Home Teacher 1989-1994 & 1996-present.

Boy Scouts of America. Troop Committee Member 2018-present, Troop Committee Chair, 2016-2018, Scoutmaster 2013-2016, Assistant Scoutmaster 2005-2008, Scoutmaster 1999, Eagle Scout 1993. Completed: Outdoor Leader Specific Training 2016, Basic Leadership Training 2005, current Youth Protection Training, (2005-present).