

## 2019 Friends & Family Weekend Schedule



Friends and Family Weekend is planned especially for the friends and family members of UWS students to visit campus. With a day of family-friendly activities for all ages, it is a unique opportunity to experience campus life at UWS!

We look forward to seeing you at Friends & Family Weekend!

### Friday, September 27

Time	Event	Location
4:00-10:00 pm	<b>Check In Available</b>	YU Information Desk
5:00-10:00 pm	<b>Marcovich Wellness Center Open</b> Free access with UWS student.	MWC

### Saturday, September 28

Time	Event	Location
8:00-10:00 am	<b>Check In</b>	YU Atrium
9:00am-1:00pm	<b>'Jacket Book &amp; Supply Open</b>	YU
9:00 am-12:00 pm	<b>6<sup>th</sup> Annual Running for Our Heroes 5k</b> Register Online in Advance– entry fees range from \$20-35. <a href="https://uwsuper.edu/heroes5k">https://uwsuper.edu/heroes5k</a>	MWC
10:00 am-6:00 pm	<b>Marcovich Wellness Center Open</b> Free access with UWS student.	MWC
11:00 am-2:00 pm	<b>Campus Carnival</b> Activities include inflatable games, yard games, photo booth, tie-dye, cotton candy, and more!	YU Outdoor Plaza Rainsite - MWC
12:00-2:00 pm	<b>Transforming the Human Spirit Exhibit</b> When we change, our world changes.  <i>Transforming the Human Spirit</i> is an engaging and vivid display that helps remind us that we alone hold the power to create a peaceful society. This exhibit explores the root causes of violence and the importance of individual actions that can foster a culture of peace on a personal, local and	Swenson Hall 1 <sup>st</sup> Floor

	<p>global level. Come over to the first floor of Swenson Hall and learn how you can positively change the world!</p> <p>Guided tours available from 12-2 pm.</p>	
2:00 pm	<p><b>Volleyball vs Martin Luther</b></p> <p>Adults (age 18 and over): \$6  Youth (ages 6-17): \$4  Senior Citizens (age 62 and over) and non-UWS students: \$4  Children (age 5 and under): Free</p>	Mertz Mortorelli Gymnasium in Marcovich Wellness Center
6:00 pm	<p><b>Volleyball vs Bethel</b></p> <p>Adults (age 18 and over): \$6  Youth (ages 6-17): \$4  Senior Citizens (age 62 and over) and non-UWS students: \$4  Children (age 5 and under): Free</p>	Mertz Mortorelli Gymnasium in Marcovich Wellness Center
	<b>Dinner on Your Own</b>	
7:00-8:00 pm	<p><b>Comedy Magic with Josh McVicar the Trickster</b></p> <p>Josh McVicar has been astounding with providing comedy, magic, and hypnosis professionally for more than 15 years. He's performed at hundreds of colleges, corporations, parties and special events with his unique brand of entertainment that combines side-splitting humor, hypnotic trances, explosive surprises, and mind-bending magic to create an experience like no other. With shows packed full of laughs and audience participation, McTrickster will give a performance you are sure not to forget!</p> <p><a href="https://mccicareentertainment.com">https://mccicareentertainment.com</a></p>	Yellowjacket Union Great Room

### Sunday, September 29

Time	Event	Location
10:00 am-12:00 pm Depart MWC at 9:30 am.	<p><b>Superior Adventures Paddle</b></p> <p>Register in advance at <a href="https://recstore.uwsuper.edu">https://recstore.uwsuper.edu</a>.  \$5 per person includes kayaks, paddle boards, canoes, PFDs, and all other gear.</p>	Barkers Island
12:00-10:00 pm	<p><b>Marcovich Wellness Center Open</b></p> <p>Free access with UWS student.</p>	MWC
2:00 pm	<p><b>Men's Soccer vs Northland</b></p> <p>Adults (age 18 and over): \$6  Youth (ages 6-17): \$4  Senior Citizens (age 62 and over) and non-UWS students: \$4  Children (age 5 and under): Free</p>	NBC Spartan Sports Complex at Superior High School

4:30 pm	<b>Women's Soccer vs Northland</b> Adults (age 18 and over): \$6 Youth (ages 6-17): \$4 Senior Citizens (age 62 and over) and non-UWS students: \$4 Children (age 5 and under): Free	NBC Spartan Sports Complex at Superior High School
	<b>Explore the Twin Ports – on your own</b> <a href="https://www.superiorchamber.org/">https://www.superiorchamber.org/</a> <a href="https://www.travelwisconsin.com/northwest/douglas-county/superior">https://www.travelwisconsin.com/northwest/douglas-county/superior</a> <a href="http://www.visitduluth.com/">http://www.visitduluth.com/</a>	