Safe Zone Index of Heteronormativity

This questionnaire is designed to measure the way you feel about working or association with individuals who are LGBTQ+. This is not a test, so there are no wrong answers. Answer each item as carefully and accurately as you can by placing a number beside each one as follows:

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<th></th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Strongly Agree</td>
<td>Agree</td>
<td>Neutral</td>
<td>Disagree</td>
<td>Strongly Disagree</td>
</tr>
</tbody>
</table>

1.) I would feel comfortable working closely with a man who is gay.

2.) I would enjoy a social function with people who are LGBTQ+.

3.) I would feel uncomfortable if I learned that my neighbor was LGBTQ+.

4.) If a member of my sex made a sexual advance towards me, I would feel angry.

5.) I would feel comfortable knowing I was attractive to members of my gender.

6.) I would feel uncomfortable being seen in a gay bar.

7.) I would feel uncomfortable if a member of my sex made an advance towards me.

8.) I would be comfortable if I found myself attracted to a member of my sex.

9.) I would feel disappointed if I learned that my child identifies as LGBTQ+.

10.) I would feel nervous being in a group of people who are LGBTQ+.

11.) I would feel comfortable knowing that my clergy person identifies as bisexual.

12.) I would be upset if I learned that my sibling identifies as transgender.

13.) I would feel that I had failed as a parent if I learned that my child is gay.

14.) If I saw two men holding hands in public, I would feel disgusted.

15.) If a member of my gender made an advance towards me, I would be offended.

16.) I would feel comfortable if I learned that my daughter’s teacher is a lesbian.

17.) I would feel uncomfortable if I learned that my spouse or partner is attracted to a member of his/her gender.

18.) I would feel at ease talking with a person who identifies as a lesbian at a party.

19.) I would feel uncomfortable if I learned that my boss is bisexual.

20.) It would not bother me to walk through a predominantly gay section of town.

21.) It would disturb me to find out that my doctor is gay.

22.) I would feel comfortable if I learned that my best friend of my gender was gay.

23.) If a member of my gender made an advance towards me, I would feel flattered.

24.) I would feel uncomfortable knowing that my son’s teacher was transgender.

25.) I would feel comfortable working closely with a lesbian.

Taken from
Bowling Green State University – LGBTQ-Q Resource Center
1.) Fill in your answers in the Answer column.

2.) Fill in the Score column by either of the two ways that we indicated in the Factor column:
   a. The same value (=) as the Answer column
   b. Reversing the scores:
      Reverse of the indicating statements in the following way:
      1=5, 2=4, 3=3.
      4=2, 5=1

3.) Total the Score column.

The Total Sum in the Score Column is your Index of Homophobia.

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<tr>
<th>Item #</th>
<th>Answer</th>
<th>Factor</th>
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Total Score: 

Score of 25-50
have mostly positive feelings about LGBTQ+

Score of 50-100
have neutral to negative feelings about LGBTQ+

Score of 100-125
have mostly negative feelings about LGBTQ+

Adapted from:
Bowling Green State University’s adaption of:
Index of homophobia (Index of attitudes toward homosexuals) [IAH] (1980). Ricketts WA;
Hudson WW. Davis CM; Yarber WL; Bauseman R; Schreer G; & Davis SL. (Eds.) (1998).