

Safe Zone Index of Heteronormativity

This questionnaire is designed to measure the way you feel about working or association with individuals who are LGBTQ+. This is not a test, so there are no wrong answers. Answer each item as carefully and accurately as you can by placing a number beside each one as follows:

1	2	3	4	5
Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree

- ___ 1.) I would feel comfortable working closely with a man who is gay.
- ___ 2.) I would enjoy a social function with people who are LGBTQ+.
- ___ 3.) I would feel uncomfortable if I learned that my neighbor was LGBTQ+.
- ___ 4.) If a member of my sex made a sexual advance towards me, I would feel angry.
- ___ 5.) I would feel comfortable knowing I was attractive to members of my gender.
- ___ 6.) I would feel uncomfortable being seen in a gay bar.
- ___ 7.) I would feel uncomfortable if a member of my sex made an advance towards me.
- ___ 8.) I would be comfortable if I found myself attracted to a member of my sex.
- ___ 9.) I would feel disappointed if I learned that my child identifies as LGBTQ+.
- ___ 10.) I would feel nervous being in a group of people who are LGBTQ+.
- ___ 11.) I would feel comfortable knowing that my clergy person identifies as bisexual.
- ___ 12.) I would be upset if I learned that my sibling identifies as transgender.
- ___ 13.) I would feel that I had failed as a parent if I learned that my child is gay.
- ___ 14.) If I saw two men holding hands in public, I would feel disgusted.
- ___ 15.) If a member of my gender made an advance towards me, I would be offended.
- ___ 16.) I would feel comfortable if I learned that my daughter's teacher is a lesbian.
- ___ 17.) I would feel uncomfortable if I learned that my spouse or partner is attracted to a member of his/her gender.
- ___ 18.) I would feel at ease talking with a person who identifies as a lesbian at a party.
- ___ 19.) I would feel uncomfortable if I learned that my boss is bisexual.
- ___ 20.) It would not bother me to walk through a predominantly gay section of town.
- ___ 21.) It would disturb me to find out that my doctor is gay.
- ___ 22.) I would feel comfortable if I learned that my best friend of my gender was gay.
- ___ 23.) If a member of my gender made an advance towards me, I would feel flattered.
- ___ 24.) I would feel uncomfortable knowing that my son's teacher was transgender.
- ___ 25.) I would feel comfortable working closely with a lesbian.

1.) Fill in your answers in the Answer column.

2.) Fill in the Score column by either of the two ways that we indicated in the Factor column:

- a. The same value (=) as the Answer column
- b. Reversing the scores:
 Reverse of the indicating statements in the following way:
 1=5, 2=4, 3=3.
 4=2, 5=1

3.) Total the Score column.

Index of Homophobia

Item #	Answer	Factor	Score
1		=	
2		=	
3		reverse	
4		reverse	
5		=	
6		reverse	
7		reverse	
8		=	
9		reverse	
10		reverse	
11		=	
12		reverse	
13		reverse	
14		reverse	
15		reverse	
16		=	
17		reverse	
18		=	
19		reverse	
20		=	
21		reverse	
22		=	
23		=	
24		reverse	
25		=	
		Total Score:	

The Total Sum in the Score Column is your Index of Homophobia.

Score of 25-50
 have mostly positive feelings about LGBTQ+

Score of 50-100
 have neutral to negative feelings about LGBTQ+

Score of 100-125
 have mostly negative feelings about LGBTQ+

Adapted from:
 Bowling Green State University's adaption of:
 Index of homophobia (Index of attitudes toward homosexuals) [IAH] (1980). Ricketts WA; Hudson WW. Davis CM; Yarber WL; Bauserman R; Schreer G; & Davis SL. (Eds.) (1998). Handbook of sexuality-related measures. Thousand Oaks, Calif. : Sage Publ. Pg. 367-368