UNIVERSITY OF WISCONSIN-SUPERIOR
Position Description
Head Coach – Strength and Conditioning

Working Title: Head Strength and Conditioning Coach
Title/Classification/FTE: Coach, Limited Appointment, 100%
Position Reports To: Director of Athletics

Position Summary:
Responsible for planning and directing of the strength and conditioning activities of all athletic programs in the manner that upholds the philosophy and objectives of the University of Wisconsin-Superior Athletic Department.

NCAA 15.4.5 Athletic Staff Involvement. Members of the athletic staff of a member institution shall not be permitted to arrange or modify the financial aid package (as assembled by the financial aid officer or financial aid committee) and are prohibited from serving as members of a member institutions financial aid committees and from being involved in any manner in the review of the institutional financial assistance to be awarded to a student-athlete.

As an athletics department staff member, it is impermissible to discuss specifics concerning a student-athlete’s financial aid package with any individuals or departments (e.g., financial aid, admissions) involved in determining the financial aid awards for students.

NCAA 11.2.1 Stipulation That NCAA Enforcement Provisions Apply. Contractual agreements or appointments between a coach and an institution shall include the stipulation that a coach who is found in violation of NCAA regulations shall be subject to disciplinary or correction action as set forth in the provisions of the NCAA enforcement procedures, including suspension without pay or termination of employment for significant or repetitive violations.

Duties and Responsibilities:
- Promotes the philosophy and objectives of the athletic department; to include adhering to and enforcing all departmental policies and procedures, as well as rules and regulations of the University, the governing sport conference, and the NCAA.
- Constructs and oversees the strength and conditioning programs of all the athletic programs in collaboration with the Head Coaches, including leading team and small group workouts designed to enhance the performance of student-athletes and programs.
- Provide instruction and supervision of proper strength and conditioning activities and work in collaboration with the sports medicine staff to develop and implement injury prevention and injury rehabilitation programs for student-athletes.
- Coordinate and develop year-round strength and conditioning programming for student-athletes while providing in-person strength and conditioning programming for local student-athletes during the summer.
- Oversees selection, purchase, and maintenance of strength equipment within the guidelines of departmental policies and procedures, as well as rules and regulations of the University and the NCAA.
- Supervises assigned assistant coaches and other support staff to ensure compliance to applicable rules, policies, and procedures outlined by the department, University and the NCAA.
- Upholds and enforces the standards and expectations of student-athletes as outlined in the Student-Athlete handbook.
- Cooperates with all Athletic Department staff members to enhance overall department operations and initiatives.
- Participates in public relations activities to include speaking engagements, television and radio interviews and press conferences, as approved or requested. Represents the Athletic Department at professional, civic, charitable and alumni events.

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• Complete required trainings and professional development as assigned
• Perform other related duties as assigned.

Knowledge, Skills, and Abilities:
• Ability to provide strength and conditioning programming to a diverse population of student-athletes.
• Strong interpersonal skills with the ability to work effectively with a wide range of constituencies in a diverse community.
• Skilled proficiency in computer use and relevant Microsoft applications.
• Ability to provide leadership and instruction in the personal and athletic development of staff and student-athletes.
• Ability to resolve problems and answer questions related to the strength and conditioning programs of the department.
• Ability to organize work flow and coordinate activities.
• Ability to demonstrate effective communication skills both orally and written.

Required Qualifications:
• Bachelor’s degree from an accredited institution
• National Strength and Conditioning Association Certified Strength and Conditioning Specialist (CSCS)
• A minimum of two years collegiate or professional strength and conditioning coaching experience with a diverse background and working with multiple athletic programs.
• Physically fit for strength and conditioning related activities and a full range of physical activities.
• Valid driver’s license with a good driving record; must be insurable.

Desirable Qualifications:
• Head Coaching experience preferred.
• Master’s degree from an accredited institution
• Knowledge of NCAA rules and regulations