



NOvid-19 Free Virtual 50k Challenge

Rules are simple:

- Be active
- Track your mileage
- Stack up 31 miles
- Submit your log
- Earn your water bottle

Post photos completing the challenge on the Campus Recreation Facebook page (@UWSuperiorCampusRec) under the NOvid-19 post.



To register and find more information, visit uwsuper.edu/communityrec