

UW-Superior Campus Recreation



**Saturday, August 11th
Marcovich Wellness Center**

Ages: 6-8 - bike 1/2 mile, run 1/4 mile, swim 25 yards (Race Time: 8:20am)

9-11 - bike 1 mile, run 1/2 mile, swim 50 yards (Race Time: 9:00am)

12-14 - bike 2 miles, run 1 mile, swim 100 yards (Race Time: 9:40am)

Cost: \$20/person.

Required Equipment: All participants must have a bike, bike helmet, running shoes, and swim wear.

Information: Biking will be done around the UWS campus, running will be held in the MWC Fieldhouse, and swimming completed in the Joan Hendrick Swimming Pool located in the MWC. The order will be bike, run, swim. Concessions will be available for purchase the day of the event.

Registration:

1. Registrations must be received by Friday, August 3rd at 3 pm (please contact Jarod when submitting your form to make sure he received it and/or if you have any questions).
2. Mail, drop-off, fax, or email registration form and fee to (make checks payable to MWC):
Jarod Meyer, Intramural Coordinator Email: jmeyer49@uwsuper.edu
Marcovich Wellness Center Fax: 715-395-4625
1810 Catlin Avenue, Room 1440
Superior, WI 54880
3. All participants must have a Liability Waiver completed and on file before participating.
4. Any questions contact Jarod Meyer @ 715-395-4651 or jmeyer49@uwsuper.edu

- UWS Campus Rec is all about giving kids the opportunity to accomplish something fun and rewarding.
- Every finisher is recognized with a medal and free hot dog. All participants also receive a t-shirt and race goody bag.
- Check-in and race goody bag pick up will be starting at 7am the day of the race at the Registration Table located by the MWC trophy case.

Check Age Group: 6 - 8 9 - 11 12 - 14

T-Shirt Size: YS YM YL

AS AM AL AXL



Child's Name: _____ Date of Birth: _____

Address: _____

Parent's Name: _____

Phone Number: _____ Email: _____