

University of Wisconsin-Superior
Campus Recreation
Personal Trainer Job Description

Qualifications:

- Must be a UWS student
- Preference given to Work Study.
- Must be able to work well as a team player and independently.
- Must demonstrate quality customer service skills.
- Must obtain CPR/AED certification within one month of employment.
- Must obtain a current National Fitness Certification (*ie: ACE, AFAA, NETA, ACSM, etc*)
- Preference given to students who have previous work experience or course work in Health and Human Performance or Exercise Science and previous experience in personal training.

Personal Trainers:

The Personal Trainers are responsible for providing customer service and enforcement of the facilities policies and procedures. The Personal Trainers will also be responsible for performing Fitness Assessments, New Member Facility Orientations, and Program Developments for customers. The primary responsibilities include:

- May include assisting at the Welcome Desk as needed
- Performing Fitness Assessments to all clients upon request
- Scheduling 2-6 hours/week of Facility Orientation/Floor Attendant hours
- Meet with PT clients and perform quality program developments for customers as needed
- Assist in the enforcement of Campus Recreation policy and procedures~specifically in the Weight Room and Fitness Center
- Assist in handling all emergency situations as needed
- Assisting with all areas of promotions of the PT program (may include programs and sessions outside of the HWC)
- Intervene in disputes and actions of unsafe behavior
- Report all accidents and incidents to student supervisor
- Cleaning of fitness equipment to maintain a safe and sanitary environment
- Assist in educating all users of the Weight Room and Fitness Center if safe techniques and proper lifting form (as requested by customers)
- Daily checks of equipment to ensure proper function and safety
- Other duties as assigned by supervisor

Emergency Level - 2AS

Compensation: \$7.50/hr (certified) OR \$7.00/hr (not certified-in process)

The UW-Superior Campus Recreation Department is an Equal Opportunity employer committed to diversity in its people and programs. We will not discriminate based on race, religion, sex, gender identity, or expression. Please see the UW-System Administration Website for more details regarding employment at the University of WI-Superior.

http://www.uwsa.edu/bor/policies/bor_pols.doc