

Campus Recreation

Lead Group Fitness Instructor

Position Description

Campus Life Classification: Level 3



QUALIFICATIONS

- Must be a UWS student
- Preference given to Work Study.
- Must be able to work well as a team player and independently.
- Must demonstrate customer service skills.
- Preference given to students who have previous work experience or course work in Health and Human Performance or Exercise Science.
- Must hold a current National Certification for Group Exercise Instructors (*ie: ACE, AFAA, NETA, ACSM, etc*)

RESPONSIBILITIES

- Schedule weekly office hours
- Oversee Fitness and Wellness Programs to include Group Exercise Classes, Incentive Programs, and additional fitness special events throughout the year.
- Assist with certification of Group Exercise Instructors.
- Hire, train, and evaluate Group Exercise Instructors.
- Support continuing education programs (CEU's) for Step, Variations of Step, Kickboxing, Water Aerobics, and Special Populations.
- Marketing strategies for all fitness and wellness programs.
- Implementing new ideas and recommend equipment purchases to expand fitness and wellness programs.
- Assist in purchasing aerobic stereo equipment, batteries (for wireless mics and portable stereos for water/racquetball court use), and storing the wireless microphone.
- Publicize all fitness and wellness activities for the department.
- Recruit and recommend other candidates for this position.
- Use of PC computer; perform other duties as assigned.
- Record participating statistics for all areas.
- Coordinate Group X Schedule and all promotions as needed for semester classes and special events including posters, web site updates, banners, flyers, etc
- Work with Supervisor to assist with coordinating and promotion of any Campus Certification Training
- All other duties as assigned by Supervisor

TIME COMMITMENT & TRAINING

- Minimum 5 hours/week and Maximum 28 hours/week
- Expected to hold 1-2 Office Hours/week during academic year
- Any requirements of CEU's expected to maintain a national certification

COMPENSATION

- \$8.00/hour

REPORTS TO

- Krisi Patterson, Assistant Director of Campus Recreation

QUESTIONS AND SELECTION INFORMATION

- For questions regarding the selection of Lead Group Fitness Instructor, please contact Krisi Patterson at (715) 395-4611 and/or kpatter1@uwsuper.edu