

# Campus Recreation

## Lead Personal Trainer



### Position Description

Campus Life Classification: Level 3

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#### QUALIFICATIONS

- Must be a UWS student
  - Preference given to Work Study.
  - Must be able to work well as a team player and independently.
  - Must demonstrate customer service skills.
  - Preference given to students who have previous work experience or course work in Health and Human Performance or Exercise Science.
  - Must hold a current National Certification for Group Exercise Instructors (*ie: ACE, AFAA, NETA, ACSM, etc*)
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#### RESPONSIBILITIES

- May include assisting at the MWC Welcome Desk as needed
  - Includes all duties of a Personal Trainer (See Personal Trainer Job Description)
  - Coordinate all Fitness, Wellness, and Personal Training programs for Department
  - Coordinate all marketing efforts to promote the Personal Training program to the campus including flyers, website promotions, and campus tabling in other buildings.
  - Hire, train, and schedule personal training staff
  - Hold staff meetings with Fitness Staff to collaborate programs with Group Fitness and Personal Training
  - Maintain display boards in MWC Weight Room and Fitness Room with up-to-date fitness tips for customers
  - Assist with the purchase of new equipment including free weights, cardio, and other equipment as needed
  - Maintain all packet materials needed at the Welcome Desk for basic customer requests relative to Personal Training.
  - Other duties as assigned by supervisor
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#### TIME COMMITMENT & TRAINING

- Minimum 5 hours/week and Maximum 28 hours/week
  - Expected to hold 1-2 Office Hours/week during academic year
  - Any requirements of CEU's expected to maintain a national certification
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#### COMPENSATION

- \$8.00/hour
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#### REPORTS TO

- Krisi Patterson, Assistant Director of Campus Recreation
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#### QUESTIONS AND SELECTION INFORMATION

- For questions regarding the selection of Lead Personal Trainer, please contact Krisi Patterson at (715) 395-4611 and/or [kpatter1@uwsuper.edu](mailto:kpatter1@uwsuper.edu)