

Campus Recreation

Personal Trainer

Position Description

Campus Life Classification: Level 2



QUALIFICATIONS

- Must be a UWS student
- Preference given to Work Study.
- Must be able to work well as a team player and independently.
- Must demonstrate quality customer service skills.
- Must obtain CPR/AED certification within one month of employment if Nationally Certified.
- Must obtain a current National Fitness Certification (*ie: ACE, AFAA, NETA, ACSM, etc*)
- Preference given to students who have previous work experience or course work in Health and Human Performance or Exercise Science and previous experience in personal training.

RESPONSIBILITIES

- May include assisting at the MWC Welcome Desk as needed
- Performing Fitness Assessments to all clients upon request
- Scheduling 2-6 hours/week of Facility Orientation/Floor Attendant/Office hours
- Meet with PT clients and perform quality program developments for customers as needed
- Assist in the enforcement of Campus Recreation policy and procedures~specifically in the Weight Room and Fitness Center
- Assist in handling all emergency situations as needed
- Assisting with all areas of promotions of the PT program (may include programs and sessions outside of the MWC)
- Intervene in disputes and actions of unsafe behavior
- Report all accidents and incidents to student supervisor
- Cleaning of fitness equipment to maintain a safe and sanitary environment
- Assist in educating all users of the Weight Room and Fitness Center if safe techniques and proper lifting form (as requested by customers)
- Daily checks of equipment to ensure proper function and safety. Please report any broken or damaged equipment to student supervisor immediately.
- Other duties as assigned by supervisor

TIME COMMITMENT & TRAINING

- Minimum 3 hours/week and Maximum 28 hours/week
- Training to occur during first 3-6 weeks of employment and continuous training through duration of employment
- Any requirements of CEU's expected to maintain a national certification

COMPENSATION

- \$7.50 Non-certified and \$7.75/hour Certified

REPORTS TO

- Krisi Patterson, Assistant Director of Campus Recreation

QUESTIONS AND SELECTION INFORMATION

- For questions regarding the selection of Personal Trainer, please contact Krisi Patterson at (715) 395-4611 and/or kpatter1@uwsuper.edu