

The suggestions listed in this book are only a starting point. If you have any questions about these or other services, or know of other resources that should be listed or corrected in subsequent editions of this handbook please contact TRiO Student Support Services in 1024 Swenson Hall, or by phone at (715) 394-8185.

The Federal TRIO Programs (TRIO) are Federal outreach and student services programs designed to identify and provide services for individuals from disadvantaged backgrounds. TRIO includes eight programs targeted to serve and assist low-income individuals, first-generation college students, and individuals with disabilities to progress through the academic pipeline from middle school to postbaccalaureate programs. TRIO also includes a training program for directors and staff of TRIO projects.



UW-Superior Resources for Students Experiencing Homelessness



A Message from TRiO Student Support Services

This handbook is intended as a guide for UWS students who either are currently or are at risk of experiencing homelessness. It is also intended as a guide for UWS staff who may not be aware of what resources UW-Superior has to offer in this regard. It is asked that all relevant offices keep a copy of this book on hand at all times.

If you are a student who is currently without a safe place to live or are in danger of losing your housing, please contact the Student Support Services office immediately.

TRiO Student Support Services Office
1024 Swenson Hall
(715) 394-8185

We are here to assist all UW-Superior students and will help confidentially coordinate the resources you need.

TRiO Student Support Services was established to aid first-generation college students, those from low-income backgrounds, and those with disabilities through academic support, counseling services, scholarship and grant opportunities and more.

Please come see us with any questions or concerns.

Sincerely,
TRiO Student Support Services

Damiano Center
www.damianocenter.org
206 W 4th Street
Duluth, MN 55806
Phone: 218-722-8708

About: Need a meal? Check out the Soup Kitchen or Kids Café. Need clothing? See the Clothing Exchange. Need clothes for work? Visit Clothes That Work. Need information, hygiene products, transportation help, or a phone? Try Damiano Community Services.

UW-Superior Childcare Subsidy Program
<http://www.uwsuper.edu/campuslife/childcare/index.cfm>
Phone: 715-394-8406

About: The UW-Superior Child Care Subsidy Program is money granted to enrolled UW-Superior students with children in one of the five child care centers listed below. Your eligibility will be determined, and based on: 1) student status and 2) number and ages of children in care. New Horizons Children's Center of Superior 715-392-4211, Noah's Ark Day Care Center 715-392-1555, Superior Children's Center 715-395-1933, Superior Children's Center 715-392-3334, YMCA Discovery Program 715-392-5444.

Program to Aid Victims of Sexual Assault (PAVSA)

Business Office: The Building for Women

32 East First Street, Suite 200

Duluth, MN 55802

Office: (218) 726-1442

Fax: (218) 720-4890

24 Hour Crisis Line: 218-726-1931

About: PAVSA is dedicated to the elimination of sexual violence in Southern St. Louis County through supporting victims, educating the community, and advocating for change. Our core values include free and accessible services that are victim-centered and victim-driven. We are committed to providing support services for victims of sexual violence, educating and building awareness in the community and advocating for social change in the many systems that interact with victims following a sexual assault. *From www.pavsa.org/*

Northwest Wisconsin Community Services Agency, Inc.

www.northwest-csa.org

1118 Tower Avenue

Superior, WI 54880

Phone: 715-392-5127

About: The programs administered by NWCSA include Energy Assistance, Homeless Programs & Services, Food Pantries, TEFAP, WIC, Judicare, RSVP, Free Store, Emergency Assistance, Rental Rehab and others.

North Country Independent Living

www.northcountryil.org

69 North 28th Street

Superior, WI 54880

715-372-9118

About: North Country Independent Living provides a wide variety of Services and Programs to those people with disabilities in Ashland, Bayfield, Burnett, Douglas, Iron, Price, Sawyer and Washburn Counties.

SSS Cultural & Educational Activities Coordinator

- I. Housing**
- II. Health Care**
- III. Financial Assistance**
- IV. Nutritional Assistance**
- V. Miscellaneous Resources**

Housing

The most important and immediate priority for you is to find a safe place to live. The following is a list of resources available to UWS students in the city of Superior. (Duluth resources are listed under “Miscellaneous Resources.”)

**UW-Superior Residence Life
Yellowjacket Union 147**

**Contact: Ryan Kreuser, Director
Phone: 715-394-8538**

Email: rkreuser@uwsuper.edu

About: Residence Life can offer temporary emergency housing for registered UWS students with rates based on circumstances. Please keep in mind that if you have unclaimed loans in your financial aid award, you may need to accept them to offset the cost of running the RHS.

Restrictions: This offer is for single students only as there is no family housing on campus. Students with a history of violence or drug abuse may not be allowed in the RHS.

Center Against Sexual & Domestic Abuse (CASDA)

318 21st Ave E

Superior, WI 54880

Phone: 1-800-649-2921 or (715) 392-3136

Email: info@casda.org

About: Designed to provide a safe place for individuals needing to escape or take time out from a violent home, CASDA’s shelter is open 24 hours a day, every day of the year. Shelter residents may stay for up to 30 days or more. During this time, CASDA staff and

About: All are welcome to attend these monthly food distributions. For every \$15 donation you will receive a share of food. Please bring boxes or laundry baskets to carry your shares in.

Website: www.rubyspantry.com

Email: rubyspantrysuperior@yahoo.com

Facebook: Ruby’s Pantry—Superior, WI

Miscellaneous Resources:

211 United Way Human Services Resource Hotline

Phone: 2-1-1

<http://www.unitedwayduluth.org>

Churches United in Ministry

<http://www.chumduluth.org>

102 West Second Street

Duluth, MN 55802

218-720-6521

About: Offers a variety of shelter and advocacy options to individuals and families in the Twin Ports.

Lutheran Social Services

<http://www.lsswis.org/LSS.ht>

33 N. 25th Street East

Superior, WI 54880

715-394-4173

About: Lutheran Social Services (LSS) offers a variety of services throughout Wisconsin and Upper Michigan. With the help of over 1,400 employees, LSS provides services across a person’s lifespan, addressing a variety of conditions. Services are available for children and families, adults, older adults and persons with disabilities. Services are open to all, regardless of religious affiliation or background.

Vineyard Church

603 Faxon Street

Superior, WI 54880

Phone: 715-319-1449

About: Distribution is on the first Saturday of the month, 10:30-11:30.

Peace Lutheran Church

Rural Care and Share Food Shelf

9525 East US Highway 2

PO Box 345

Poplar, WI 54864

Phone: 715-364-2593

About: Distribution once a month on the third Saturday from 9:00 –11:00 AM. Inquiries regarding food assistance should be made to Peace Lutheran Church.

The Salvation Army

916 Hughitt Avenue

Superior, WI 54880

Phone: 715-394-7001

About: Provides Individuals and families with food to take home and prepare. Service may be accessed once a month. Hours are Monday-Friday, 1:00–2:30 PM. (Also has a Soap Bar every three months providing soaps, shampoo, conditioner, toilet paper, towel, toothpaste, etc. Mondays and Fridays 10:30 AM – 11:30 AM.)

Ruby's Pantry

Every 2nd Monday

Zion Lutheran Church

2022 E. 2nd Street

Next to Culver's

Time: 4:30pm —6:30 pm

Every 3rd Thursday

Christ Lutheran Church

320 N. 28th Street

Next to Mariner Mall

Time: 4:30pm —6:30 pm

volunteers provide help in exploring options, setting future goals and meeting the residents' needs. *From www.casda.org*

Program to Aid Victims of Sexual Assault (PAVSA)

Business Office: The Building for Women

32 East First Street, Suite 200

Duluth, MN 55802

Office: (218) 726-1442

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About: PAVSA is dedicated to the elimination of sexual violence in Southern St. Louis County through supporting victims, educating the community, and advocating for change. Our core values include free and accessible services that are victim-centered and victim-driven. We are committed to providing support services for victims of sexual violence, educating and building awareness in the community and advocating for social change in the many systems that interact with victims following a sexual assault. *From www.pavsa.org/*

Harbor House Crisis Shelters

Business Office: FAITH UNITED METHODIST CHURCH

1531 Hughitt Avenue

Superior, Wisconsin 54880

Phone: 715-394-9608 or 715-392-4157

Email: info@harborhousecs.org

About: The following categories are suitable guests at HHCS for up to 30 days: Single woman with no children or has lost custody of children, mother with minor children (under age 18), father with minor children (under age 18), married adults with minor children (under age 18), adult female with legal custody of minor children (under age 18), adult male with legal custody of minor children (under age 18). HHCS does not shelter single men, except as noted above. *From www.harborhousecs.org*

Solid Rock Safe Haven**1004 N. 6th Street****Superior, WI 54880****Phone: 715-392-6264**

About: A homeless shelter for adult men that assists them in becoming self sufficient through finding suitable employment and a permanent residence. The shelter provides 3 meals per day, bed, laundry, phone and clothing for residents. Check in for men needing shelter is from 4:00 - 8:00pm

Lunch and Dinner is also provided to the public at 12:00 noon and 5:00 p.m. Monday through Saturday. Closed to the public Sundays.

From <http://www.northwest-csa.org/services/solidrocksafehaven.htm>

Lifehouse**102 W. First Street****Duluth, MN 55802****Phone: 218-722-7431**

Services Include: Many youth first come to us needing clothes, a warm meal, or someone to talk to. Maybe they've been kicked out of their homes, are being sexually exploited, have a mental illness, or have been abandoned by parents or caregivers. Maybe they have substance use issues or are trying to care for small children of their own. From <http://lifehouseduluth.org/>

Nutritional Assistance

UW-Superior Student Health and Counseling Services**Marcovich Wellness Center 1729****Contact: Dawn Schulze, Health Services Coordinator****Phone: 715-394-8236****Email: dschulze@uwsuper.edu**

About: SHCS has a food shelf and personal hygiene available for UWS students.

Lake Superior SHARE:**Phone: 218-727-2088****Email: info@sharewi.org****www.sharewi.org**

About: Provides a variety of food for a discounted price. Distribution is the 4th Saturday of the month (unless a holiday).

Faith United Methodist Church**1531 Hughitt Avenue****Superior, WI 54880****Phone: 715-394-9608**

About: Distribution on Tuesday, 4:45-6:45 PM. Rides home available.

Gordon Town Hall**Gordon, WI 54838****Phone: 715-376-2693**

About: Wednesdays, 9:00 AM – Noon

Northwest Wisconsin Community Services Agency, Inc.**www.northwest-csa.org****1118 Tower Avenue****Superior, WI 54880****Phone: 715-392-5127**

About: Tuesday-Thursday, 1:00 –3:30 PM

their educational goals. From <http://www.dsacommunityfoundation.com/grants/Scholarships.shtml>

Superior Foundation Scholarships

Old Main 237

Phone: 715-394-8452

Email: alumni@uwsuper.edu

About: The UW-Superior Foundation provides numerous scholarships using money contributed by alumni and friends of the University. These scholarships are awarded in the spring each year, and many are available through your department. From <http://www.uwsuper.edu/give2uws/scholarships/index.cfm>

Student Support Services Grant Aid

Swenson Hall 1024

Contact: Student Support Services Office

Phone: 715-394-8185

Email: msorens5@uwsuper.edu

About: Student Support Services grant aid is available only to students who are SSS members and are actively receiving a Pell Grant as part of their financial aid. The size and number of scholarships varies from year to year, but they are generally between \$500 and \$1,000 dollars. For more information about these scholarships or to sign up with SSS.

Emergency Book Loans

***Student Government Association (SGA)**

Tammy Fanning

Phone: 715-394-8243

Location: YU 230

***Office of Multicultural Affairs (OMA)**

Chip Beal

Phone: 715394-2897

Location: MWF--Old Main 230 and TuTh--Swenson 3103

Emergency shelters like those listed above are not designed as long term solutions. While most shelters have specialists to help transition you back to a permanent residence, there are a number of services in the area that advocate for tenants, offer first-time homebuyer courses, and more.

Superior Housing Authority

1219 N 8th Street

Superior, WI 54880

Phone: 715-394-6601

Email: info@superiorhousing.org

About: The SHA makes housing available in three different ways: through housing that they own, housing that they manage, and through the Housing Choice Voucher program. Applications may be picked up at their Administrative office. From <http://www.superiorhousing.org>

Catholic Community Services, Inc.

Housing Counseling Program

Contact: Gail Trombley, Housing Counselor

Phone: 715-394-6617

Email: gtrombley@ccbsuperior.org

Services include: Homebuyer education and pre-purchase counseling, credit repair counseling, emergency housing counseling and crisis management, post purchase counseling -- delinquency, default and foreclosure prevention, reverse mortgage counseling, tenant/landlord dispute mitigation, down payment assistance counseling, fair housing education and counseling, and community development advocacy. From <http://www.ccbsuperior.org/>

Health Care

If you are without insurance, there are several options available to you through UWS and community resources. Note: Many of these offices can assist with dental needs, as well.

UW-Superior Student Health and Counseling Services
Marcovich Wellness Center 1729
Contact: Dawn Schulze, Health Services Coordinator
Phone: 715-394-8236
Email: dschulze@uwsuper.edu

About: SHCS provides counseling services free to UWS students, as well as referrals to local health resources. Courtesy Cabs are available to bring students from campus to SMDC Superior. SHCS also operates a food shelf that is available to students at no cost.

Student Health Insurance

P.O. Box 196
Stillwater, MN 55082
Contact: Candy Mears
Phone: 1-800-328-2739
Email: candym@sas-mn.com

About: Accident and Sickness Insurance is an important component of your ability to continue your education. A serious injury or illness could interrupt your education plans by diverting necessary funds for educational expenses to medical expenses. Their student insurance plans are designed to provide an excellent level of insurance protection, at a cost that is affordable to students and their parents. *From <http://www.sas-mn.com/students.html>*

Financial Assistance

UW-Superior is not a lending institution and as such is bound by state and federal regulations regarding exchanging money with students. That being said, there are resources on campus for students in need.

UWS Financial Aid Office
Old Main 110
Contact: Donna Dahlvang
Phone: 715-394-8393
Email: DDahlva1@uwsuper.edu

About: Homeless, Unaccompanied and Youth students must file for independent status on their FAFSA to receive assistance through their financial aid package. However, the Financial Aid office does include a list of need-based and independent scholarships that students may apply for individually. These are accessible at <http://www.uwsuper.edu/finaid/types/scholarship.cfm>

Duluth Superior Area Community Foundation
Zeitgeist Arts Building
222 East Superior Street, Suite 302
Duluth, MN 55802
Phone: 218-726-0232

About: Each year, the Duluth Superior Area Community Foundation grants scholarships totaling more than \$800,000 to hundreds of students living in Northeastern Minnesota and Northwestern Wisconsin. These scholarships have been established by individuals, businesses, and organizations wanting to help students pursue

AIDS Resource Center of Wisconsin (ARCW)

1507 Tower Avenue, Suite 230

Superior, WI 54880

Phone: 715-394-4009 or 1-877-242-0282

About: The ARCW provides AIDS testing, health resources for those with AIDS or HIV, housing, food and dental assistance regardless of your ability to pay. *From <http://www.arcw.org/index.htm>*

Health Care Clinic

69 N 28th St #9

Superior, WI 54880

Phone: 715-394-4117

About: Health Care Clinic, with offices in Superior and Ashland, offers affordable and comprehensive reproductive health care to everyone in Northern Wisconsin. Their goal is to make sure that affordable and private reproductive health care is available to anyone who needs it, regardless of their age, race, gender or income level.

Just Kids Dental

1313 Fairgrounds Rd

Two Harbors, MN 55616

Phone: 218-206-4328

About: "Just Kids Dental is dedicated to improving the oral health of underserved children through provision of accessible dental hygiene services and education. Our mission rests upon the philosophy that preventive dental care is a right of all children."

Lake Superior Community Health Center

3600 Tower Avenue

Superior, WI 54880

Phone: 715-392-1955

About: The mission of the Lake Superior Community Health Center is to improve access, particularly financial access, to primary health care through the provision of clinical care, health education, screening, assisted referrals and advocacy. **The Health Care Access Office** will determine if people are eligible for health care and financial assistance programs, meet with individuals and families to apply for programs, help people with past medical bills by working with community care programs, collection agencies and medical providers to discuss reasonable payment plans, provide referrals to other agencies for concerns related to financial assistance, housing, food, employment and disability issues as needed, and make home visits for those who are elderly and/or disabled to help with paperwork for health care programs. *From <http://www.lschc.org/index.htm>*

Douglas County Public Health Department

Government Services Center

1316 N 14th St.

Superior, WI 54880

Phone: 715-395-1457

About: The Douglas County Health Services provides the following public health nursing services: Adult Immunizations, Childhood Lead Poisoning Prevention and Intervention Program, Children and Youth Special Health Care Needs Program, Children's Immunizations, Communicable Disease Investigation, Surveillance, and Case Management, Influenza Information Center, New Baby Visits, Partner Services, Prenatal Care Coordination Program, Public Health Preparedness, Reproductive Health Services, Tuberculosis Screening and Case Management, Wisconsin Well Woman Program and more. *From <http://www.douglascountywi.org/index.aspx?nid=228>*