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Psychology Program
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EDUCATION AND TRAINING

- 2009-2010 Clement J. Zablocki VA Medical Center, Milwaukee, WI
 Psychosocial Rehabilitation Postdoctoral Psychology Fellowship, APA Accredited
- 2008-2009 Minneapolis VA Medical Center, Minneapolis, MN
 Predoctoral Psychology Internship, APA Accredited
- 2004-2009 Southern Illinois University, Carbondale, IL
 Adult Clinical Psychology, APA Accredited
 M.A., May 2006
 Ph.D., August 2009
- 2000-2004 Marquette University, Milwaukee, WI
 B.A. with Honors in Psychology, May 2004

PROFESSIONAL EXPERIENCE

- 2016-Present Associate Professor of Psychology, University of Wisconsin-Superior
- 2010-2016 Assistant Professor of Psychology, University of Wisconsin-Superior
- 2019-Present Clinical Psychologist, Essentia Health
- 2012-2018 Clinical Psychologist, Harbor City Psychological Associates
- 2009 Co-instructor, Medical College of Wisconsin
- 2007-2008 Instructor of Record, Southern Illinois University Carbondale

HONORS

- Faculty Development Grant 2019, 2016, 2011
- New Student Celebration Faculty Speaker 2019
- High Impact Practices Day of Celebration Mentor 2018
- CETL Discipline Grant 2015, 2011
- Academic Service-Learning Excellence 2015
- CETL Jumpstart Grant 2013
- Academic Service Learning Engaged Department Grant, 2011-2013
- CETL Curricular/Co-curricular Grant, 2011
- Southern Illinois University Carbondale Morris Doctoral Fellowship, 2004-2009
- Elizabeth Eames Women's Studies Graduate Scholarship, 2007-2008
- Psi Chi, Member
- Alpha Sigma Nu, Member

PUBLICATIONS

- Bolton Holz, K. (2010). Review of Women and depression: Recovery and resistance. *Journal of Personality Assessment*, *92*, 375.
- Bolton Holz, K. & DiLalla, D.L. (2007). Men's fear of unintentional rape: Measure development and psychometric evaluation. *Psychology of Men & Masculinity*, *8*, 201-214.
- Bolton Holz, K., Fischer, A.R., & Daood, C.J. (2018). The role of men's beliefs in shaping their response to a sexual violence prevention program. *Psychology of Men & Masculinity*, *19*, 308-313. doi:<http://dx.doi.org/10.1037/men0000091>
- Bolton Holz, K., & Hettinger, V.E. (2018). Much ado about "masculinity": An exploration of the current state of men and masculinities research. *Sex Roles*, *78*, 307-308. doi:10.1007/s11199-017-0827-y
- Bolton Holz, K., & Pinnow, E. (2015). Self-selection effects in service-learning. *Journal of the Scholarship of Teaching and Learning*, *15*, 39-47.
- Fischer, A.R., & Bolton Holz, K. (2010). Testing a model of women's personal sense of justice, control, well-being, and distress in the context of sexist discrimination. *Psychology of Women Quarterly*, *34*, 297-310
- Fischer, A.R., & Bolton Holz, K. (2007). Perceived discrimination and women's psychological distress: The roles of collective and personal self-esteem. *Journal of Counseling Psychology*, *54*, 154-164.
- Pinnow, E. & Bolton Holz, K. (2022). Disability is not a bad word: Equipping students to talk about disability and challenge ableism. In M. Fortner, & I. Katzarska-Miller. (Eds.), *Empowering students as change agents in psychology courses* (pp. 10-24). Society for the Teaching of Psychology. <https://teachpsych.org/ebooks/empoweringstudents>
- Strom, T.Q. Leskela, J., James, L.M., Thuras, P.D., Voller, E., Weigel, R., Yutsis, M., Khaylis, A., Lindberg, J., & Bolton Holz, K. (2012). An exploratory examination of risk-taking behavior and PTSD symptom severity in a veteran sample. *Military Medicine*, *177*, 390-396.

POSTERS

- Bettendorf, S., Bolton Holz, K., & Fischer A.R. (2008, March). A feminist therapy group intervention: The social and political in therapy. *Poster presented at the annual meeting of the International Counseling Psychology Conference, Chicago, Illinois.*
- Bolton Holz, K. (2011, March). Feminist + Research = Feminist Research? *Poster presented at the annual meeting of the Association for Women in Psychology, Philadelphia, Pennsylvania.*
- Bolton Holz, K., & Fischer, A.R. (2007, March). Patterns of personal-group discrimination discrepancies: It's not so bad for me. *Poster presented at the annual meeting of the Association for Women in Psychology, San Francisco, California.*
- Bolton Holz, K., Mansfield, C., & Czarapata, L. (2017, March). Do supportive letters from past students reduce current distress in a psychology of gender class? *Poster presented at the annual meeting of the Association for Women in Psychology, Milwaukee, Wisconsin.*

- Bolton Holz, K., Outcalt, S.D., Castellini, A., & Warzon, N. (2012, March). Responding to sexual assault disclosure: Psychometric evaluation of the Social Reactions Questionnaire – Provider. *Poster presented at the annual meeting of the Association for Women in Psychology, Palm Springs, California.*
- Cabak, J. & Bolton Holz, K. (2017, September). Role congruity theory and hiring preferences. *Poster presented at the annual McNair Scholars reception, Superior, Wisconsin.*
- Fischer, A.R., & Bolton Holz, K. (2006, August). Perceived discrimination and psychological distress: The roles of belief in a just world and perceived control. *Poster presented at the annual meeting of the American Psychological Association, New Orleans, Louisiana.*
- Fischer, A.R., & Bolton Holz, K. (2006, March). Measuring sexist discrimination: Exploratory and confirmatory factor analyses of the Schedule of Sexist Events. *Poster presented at the annual meeting of the Association for Women in Psychology, Ypsilanti, Michigan.*
- Franzoi, S., McDonald, M., & Bolton Holz, K. (2003, October). The Body Esteem Scale: A Confirmatory Factor Analysis. *Poster presented at the annual Society of Experimental Social Psychologists, Chicago, IL.*
- Hanson, R., & Bolton Holz, K. (2019, September). Mindfulness, motivation, and depression. *Poster presented at the annual McNair Scholars reception, Superior, Wisconsin.*
- Starks, T., & Bolton Holz, K. (2006, March). Measuring prejudice against lesbian women and gay men: An examination of two popular measures. *Poster presented at the annual meeting of the Association for Women in Psychology, Ypsilanti, Michigan.*
- Wigfall, J., & Bolton Holz, K. (2015, September). Bullying, parental support, and social anxiety. *Poster presented at the annual McNair Scholars reception, Superior, Wisconsin.*

PROFESSIONAL PRESENTATIONS

- Bolton Holz, K. (2021, July). Gate-keeping vs. informed consent models of gender affirming care. *Presentation for the quarterly meeting of the Essentia Health Gender Affirming Care Team, Virtual.*
- Bolton Holz, K. (2021, March). Pandemic retention, promotion and tenure in academia. *Structured Discussion for the annual meeting of the Association for Women in Psychology, Virtual.*
- Bolton Holz, K. (2019, December). Self-care to manage stress during the holidays. *Presentation for the December meeting of the National Alliance of Mental Illness, Superior, WI.*
- Bolton Holz, K. (2019, August). Relationship boundaries and disclosure. *Presentation for the August meeting of the National Alliance of Mental Illness, Superior, WI.*
- Bolton Holz, K. (2018, November). Self-care and stress during the holidays. *Presentation for the winter meeting of the National Alliance of Mental Illness, Superior, WI.*
- Bolton Holz, K. (2018, March). Cultivating resilience in mid- and late-career. *Structured Discussion for the annual meeting of the Association for Women in Psychology, Philadelphia, Pennsylvania.*

- Bolton Holz, K. (2016, March). Feminist tools for engaged teaching and advising. *Structured Discussion for the annual meeting of the Association for Women in Psychology, Pittsburgh, Pennsylvania.*
- Bolton Holz, K. (2016, January). Psychology program assessment. *Opening Week Assessment Panel, University of Wisconsin Superior, Superior, Wisconsin.*
- Bolton Holz, K. (2009, February). Wellness management tools for veterans with serious mental illness. *Psychiatry Grand Rounds, Minneapolis VA Medical Center, Minneapolis, Minnesota.*
- Bolton Holz, K. (2006, March). Linking research, education, and activism. *Gender Interest Group panel presentation as part of Southern Illinois University's Women's History Month.*
- Bolton Holz, K., & Barker, R. (2021, March). Maintaining health and balance: Reflections from the last year and promising practices. *Presentation for the Link Center Timely Topic Series, Superior, Wisconsin.*
- Bolton Holz, K., & Baumann, K. (2021, January). We did it! Virtual psychology family fun nights. *Presentation for UW-Superior Enhancement Day, Superior, Wisconsin.*
- Bolton Holz, K., Bettendorf, S., & Fischer, A.R. (2012, March). Supporting feminist therapy research. *Presentation for the annual meeting of the Association for Women in Psychology, Palm Springs, California.*
- Bolton Holz, K., Bettendorf, S., & Fischer, A.R. (2009, March). To name or not to name: Gender, context, and power in naming one's emotions. *Presentation for the annual meeting of the Association for Women in Psychology, Newport, Rhode Island.*
- Bolton Holz, K., Bikman, H., & Armstrong, B. (2018, December). Community needs assessment results. *Presentation for the December meeting of the Mental Health Coordinated Community Response Team, Superior, WI.*
- Bolton Holz, K., & Pinnow, E. (2017, March). Gender diversity in academic psychology. *Structured Discussion for the annual meeting of the Association for Women in Psychology, Milwaukee, Wisconsin.*
- Bolton Holz, K., & Pinnow, E. (2015, May). Self-selection effects in service-learning. *Paper presentation for the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.*
- Bolton Holz, K., & Pinnow, E. (2013, March). Best practices for feminist service learning. *Workshop for the annual meeting of the Association for Women in psychology, Salt Lake City, Utah.*
- Hettinger, V.E., & Bolton Holz, K. (2020, March). 50 Shades of Gender Attitudes: Unraveling the Heterogeneity in Gender/ Sexual-Orientation Attitude Correlations. *Paper presentation for the annual meeting of the Association for Women in Psychology, Austin, Texas.*
- Pinnow, E., & Bolton Holz, K. (2022, March). Addressing biased language about disability in undergraduate writing. *Workshop for the annual meeting of the Association for Women in psychology, Chicago, Illinois.*

Pinnow, E., & Bolton Holz, K. (2012, March). Getting engaged: First steps in developing a service-learning enriched academic department. *Presentation for the Lake Superior Service-Learning Conference, Duluth, Minnesota.*

Pinnow, E., & Bolton Holz, K. (2015, May). Implementing high-impact practices across a psychology curriculum. *Roundtable discussion for the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.*

TEACHING EXPERIENCE

Introduction to Psychology (ASL, on campus and online)
Gender, Psychology, and Society (ASL)
Personality Psychology (on campus and online)
Psychological Disorders (ASL, on campus and online)
Theories of Psychotherapy
Psychological Assessment, Diagnosis, and Treatment
First Year Seminar: Me First! Managing Conflicting Demands in Care for the Self
Foundations of Clinical Psychiatry: Interviewing
Profession of Psychology: Introduction
Profession of Psychology: Professional Development
Social Psychology

PROGRAM SERVICE

Psychology Program Coordinator, 2014-2016
Psychology Search and Screen Committee, 2010-2011, 2013-2014, 2014-2015, 2017-2018, 2020, 2021
Psychology Personnel Committee, 2010-present
Coordinated Psychology Program library orders, 2010-2011

DEPARTMENT SERVICE

HBJD Department Personnel Committee, 2010-present
Social Work Search and Screen Committees, 2011-2012, 2018-2019
Research Mentor, 2019
HBJD Assessment Liaison, 2012-2015
CJUS Search and Screen Committees, 2014 – 2016
First Nations program level personnel committee, 2021

UNIVERSITY SERVICE

Undergraduate Academic Affairs committee, 2016-present
 Co-Secretary, 2018-2020
 Co-Chair, 2021
Career Services Search and Screen Committee, 2022
Personnel Council Co-Chair, 2022-2023
Personnel Council Secretary, 2020-2022
Assessment Committee, 2015-2020
University Studies Program Enrollment Subcommittee, 2018-2019
Women and Gender Studies committee, 2010-present
Special Education Search and Screen Committee, 2019-2020
Higher Learning Commission Team Three Writer, 2015-2016
Terminations Committee, 2014-2015
Sexual Assault Subcommittee chair, 2010-2014
Gender Equity Committee, 2011-2014
Veteran and Nontraditional Student Service Coordinator Search and Screen Committee, 2012-2013

Veteran and Nontraditional Student Center Advisory Council, 2012-2013
Prior Learning Assessment Work Group, 2011-2012
Developed Academic Service Learning courses for Spring 2011, Fall 2011, Fall 2012, and summer 2015
Developed a First Year Seminar for Fall 2011 and Fall 2016

SERVICE TO THE COMMUNITY

Essentia Health Institute for Rural Health Scientific Reviewer
Essentia Health Gender Affirming Care Team
Make it Okay
Family Forum Head Start
Mental Health Coordinated Community Response Team
National Alliance of Mental Illness, Douglas County
The Center Against Sexual and Domestic Abuse
Health Care Clinic
Bryant Elementary School
Lake Superior Elementary School
Northern Lights Elementary School
St. Louis County – Project Homeless Connect
Duluth Public Schools
Duluth Regional Care Center
Speak Out Superior
Girl Scouts
Literacy Alliance
Douglas County Jail
Woodland Hills
Harbor City International School
Lincoln Park Middle School
Damiano Center
New Horizon's Childcare Center
Superior Public Library
Destination Imagination
Circle of Stars Scholarship Reviewer
Child Safety Work Group
Southern Illinois University Carbondale Alumni Mentor

PSYCHOLOGICAL SUPERVISION

Pre-Doctoral Clinical Supervisor, 2016
Pre-Doctoral Teaching Supervisor, 2016
Pre-Doctoral Advisor, 2020-2022

PROFESSIONAL MEMBERSHIPS

Association for Women in Psychology, 2005-present
 National Conference Proposal Reviewer, 2005-present
 Planning Committee for National Conferences, 2016-present
American Psychological Association, 2004-2009
 Society of Clinical Psychology (Division 12)
 Society for the Psychology of Women (Division 35)
 Society for the Psychology Study of Men and Masculinity (Division 51)
American Psychological Association Task Force on Serious Mental Illness, Observer, 2007-present
Sex Roles, Ad Hoc Reviewer 2013-present
Twin Ports Early Career Psychologists, founder 2013-present

Journal of Interpersonal Violence, Ad Hoc Reviewer 2022-present
External Tenure and Promotion Reviewer for University of South Carolina Palmetto College 2022