

LYNN M. O'BRIEN

SUMMARY OF QUALIFICATIONS

- National Certified Counselor
- ABD doctorate in Counselor Education and Supervision
- Earned master's in Counseling and Student Personnel
- Licensed Professional School Counselor, Grades 7-12, State of Minnesota
- Licensed Professional School Counselor, Grades K-12, State of Iowa
- Demonstrated commitment to social justice and multicultural competencies
- Effective communication and leadership skills
- Ability to teach undergraduate and graduate courses on-and off-campus, and offer graduate advisement
- Evidence of potential for research, scholarly activities, publishing in peer-reviewed professional journals, and service
- Ability to use and model technology
- Effective teaching skills
- Experience incorporating diversity in coursework

EDUCATION

Doctorate of Education (Ed. D.), Counselor Education and Supervision

Doctoral Candidate anticipated December, 2020
Minnesota State University, Mankato - Mankato, Minnesota (CACREP accredited)
Dissertation Topic: Novice School Counselor Development: An Interpretive
Phenomenology Analysis of Resources and Supports

Master of Science (M.S.), Counseling and Student Personnel

May, 1996

Emphasis: Community Counseling

Mankato State University – Mankato, Minnesota (CACREP accredited)

Bachelor of Arts (B.A.), Psychology

December, 1991

Minor: Special Education

Mankato State University – Mankato, Minnesota

PROFESSIONAL EXPERIENCE

Assistant Professor Graduate Counseling

University of Wisconsin- Superior, Superior, WI

2020-present

Director of Professional School Counseling Graduate Program

Buena Vista University, Storm Lake, IA

2018- 2020

District Assessment and Professional Development Coordinator

Sibley East School District, Gaylord, MN

2007- 2018

Secondary School Counselor 1998-2007
Sibley East Senior High School, Arlington, MN

Secondary School Counselor 1997-1998
Gibbon-Fairfax-Winthrop High School, Winthrop, MN

Co-Located Social Worker 1996-1997
Wright County Human Services, Buffalo, MN

Secondary School Counselor 1994-1996
Loyola High School, Mankato, MN

TEACHING EXPERIENCE

Instructor, Professional School Counseling

Buena Vista University, Storm Lake, IA

- Taught courses in Professional School Counseling and Mental Health Graduate Programs 2018-2020

Adjunct Faculty, Department of Counselor Education

Buena Vista University, Storm Lake, IA

- Taught GEDU 546: Methods and Procedures in Counseling Summer 2017, 2018
- Taught GMHC 530: Theories Fall 2017
- Taught GMHC 548: Group Counseling Summer 2017
- Taught GMHC 570: Advance Counseling and Crisis Intervention Spring 2018

Adjunct Faculty, Counseling and Student Personnel Department Spring 2013;
Minnesota State University, Mankato, MN Fall 2013

- Taught CSP 471 / 571: Interpersonal Helping Skills
- Taught CSP: Child and Adolescent Counseling Techniques Fall 2014
- Taught CSP: Group Counseling Spring 2015

Instructor, Counseling and Student Personnel Department Fall 2008, Spring 2009
Minnesota State University, Mankato, MN

- Taught CSP 110: Decision Making for Career and Life

Teaching Assistant, Counseling and Student Personnel Department

Minnesota State University, Mankato, MN

- CSP 470/ 570: Group Procedures Summer 2011; 2012
Assisted Dr. Karin Lindstrom Bremer, primary instructor
- CSP 678: Practicum in Mental Health Counseling Fall 2013
Assisted Dr. Aaron Jeffrey, primary instructor
- CSP 648: Counseling in a Multicultural Society Spring 2013
Assisted Dr. Katelyn Romsa, primary instructor
- CSP 650: Child and Adolescent Counseling Techniques Fall 2011
Assisted Dr. Jennifer Pepperell, primary instructor
- CSP 666: Counseling Procedures and Skills II Spring 2012

- Assisted Dr. Diane Coursol, primary instructor
- CSP 673: Group Counseling Spring 2011
Assisted Dr. Karin Lindstrom Bremer, primary instructor
- CSP 687: Internship II: Mental Health Counseling Spring 2012
Assisted Dr. Aaron Jeffrey, primary instructor

Teacher / Instructor, Social Studies
Sibley East Senior High School, Arlington, MN in conjunction with SouthWest State University Program
Taught Psych 101: Intro to Psychology Fall 2005, Spring 2006

GRADUATE EXPERIENCE

Graduate Intern, Educational Talent Search Fall 1993-Spring 1994
Minnesota State University, Mankato, MN

Mental Health Intern Fall 1993-Spring 1994
LeSueur County Mental Health Center, LeCenter, MN

Graduate Tutor, Learning Center Spring 1994
Minnesota State University, Mankato, MN

Research Assistant, Counseling and Student Personnel Department Fall 1992-
Minnesota State University, Mankato, MN Spring 1994

Graduate Assistant, Graduate Studies Office Winter 1992-Spring 1993
Minnesota State University, Mankato, MN

PRESENTATIONS

O'Brien, L. (2019). *Adolescent Attitudes and Alliances*. Presented at the Iowa School Counselor Association Conference, Des Moines, IA November 2019.

Baker, C., **O'Brien, L.**, Otten, N., & Appleseth, H. (2019). *You don't know me: Therapeutic alliance with challenging youth*. Presented at the Iowa Mental Health Counselor Association Conference, Des Moines, IA May 2019.

O'Brien, L., & Lindstrom-Bremer, K. (2016). *Shining the light on counselor trainee group leadership skills through a rock climbing experience*. Presented at the North Central Association for Counselor Educators, Bloomington, MN October 2016.

Lindstrom-Bremer, K., Romsa, K., Eaton, R., Shunkwiler, T. & O'Brien, L. (2016) *Scholarly Writing in Counselor Education: Strategies to Illuminate One's Innovative Ideas*. Presented at the North Central Association for Counselor Educators, Bloomington, MN October 2016

Lindstrom-Bremer, K., **O'Brien, L.**, Baker, C. (2014). *Using a Gestalt Exercise to Increase Counselor Trainee Self-Awareness*. Presented at the North Central Association for Counselor Educators, St. Louis, MO October 2014.

Foord, K., Bemel, L., Burns, C., **O'Brien, L.**, & Pribyl, J. (2013). *Inter-Institutional Learning Teams for Teacher Effectiveness*. Presented at the Learning Forward 2013 Summer Conference, Minneapolis, MN July 2013.

Burns, C., Bemel, L., & **O'Brien, L.** (2013). *Inter-Institutional Learning Teams for Teacher Effectiveness*. Presented at the 2013 National Association for Professional Development Schools Convention, New Orleans, LA February 2013.

O'Brien, L. (2012). *What's Mental Health got to do with it? Expanding the knowledge base of social and emotional development*. Presented at the 2012 National Association for Professional Development Schools Convention, Las Vegas, NV March 2012.

Coursol, D., & **O'Brien, L.** (1998). *Web sites for School Counselors*. Presented at the 1998 Minnesota School Counselors Association State Convention. Brainerd, MN May 2008.

Coursol, D., & **O'Brien, L.** (1994). *Results of Traumatic Consequences on Career Development*. Presented at the 1994 American Counseling Association's National Convention, Minneapolis, MN March 1994.

AFFILIATIONS

Association for Counselor Education and Supervision (ACES)

North Central Association for Counselor Education and Supervision (NCACES)

American Counseling Association (ACA)

American School Counselor Association (ASCA)

Iowa School Counselor Association (ISCA)